

Chemetco explosion rocks area

A police dispatcher in Hartford said she called Chemetco Friday and was told by an unidentified employee that hot metal had dropped into a container holding water and that the resulting steam caused an explosion. No injuries or significant damage were reported.

However, the dispatcher said plant officials called her later and said the explosion had not been caused and that nothing had happened. The dispatcher, who asked not to be identified, said the person she first talked to may have made an incorrect assumption.

Dennis McMurray, speaking for the Illinois Environmental Protection Agency in Springfield, said the State Police had checked the site and were told there was no explosion.

Dennis Ahlberg of the IEP's Emergency Response Unit said EPA field agents were checking on the site, but that the agency had not started an official investigation.

"We've got no (official) notification of an incident and we did not attempt to get access" to examine the company's property, he said. "We can get access if we have just cause."

Meanwhile, a traffic controller at the Federal Aviation Administration tower at St. Louis Regional Airport in Belthale and at the military control tower at the Air Force Base in Belleville said there was no sonic boom that could have caused the noise.

Dispatchers at the Madison County Sheriff's Department and at State Police headquarters in Collinsville said they have no report to explain the origin of the noise.

Chief Dan Prickett said firefighters made no run to Chemetco but that he had been swamped with calls.

Bob Boettcher, a neighbor of the company, said he had seen numerous instances of excessive smoke and explosions coming from the plant, along with missing roof parts and screeching metal parts.

"It rocks and rolls around there," his wife, Anna, said.

— From The Telegraph

Country dancing slated Dec. 31

The Slapper's Country Western Club will host country dancing from 8 p.m. to 12:30 a.m. on New Year's Eve, Tuesday, Dec. 31, at the Highland VFW (on VFW Road). Music will be provided by Genger.

Tickets are \$10 per person and available from Slapper's President Joyce Warren at 667-7126. Tickets also may be bought on Friday evenings at the Country Inn, 100 N. Main, the Highland Linden Park Ballroom. Only 300 tickets will be sold for the evening.

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656-1369



(Photos by KEN AUBUCHON)



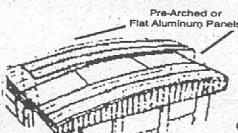
Gifts galore — The Keepsake County Craft Show was held Dec. 7-8 at the Gateway Center. Above, Donna Lee of Madison examines an angel. At right, Belleville residents Kim Blanquart and her daughter Mary Kate, 4 months, look at a framed picture. Below left, Gwen Murray of Glen Carbon measures a shelf. Below right, Nancy Craig of Murphysboro, left, and her daughter, Gail Schimpf of Collingsville search for crafts to hang around the house.



Above, Deborah Davis of Granite City examines a decorated plate. At left, Frank and Eleanor Vaughan, also of Granite City, search among the crafts.

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Marriage

Married couples will have a special day to strengthen their relationship at the Kirkwood Inn. The inn is located at 100 Kirkwood Dr. at 7:30 p.m. on Friday evening. The Marriage

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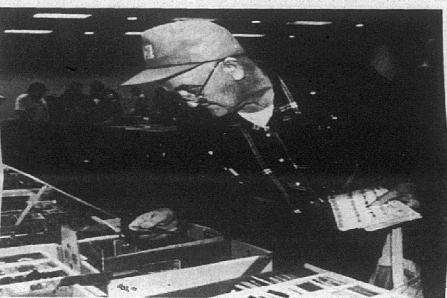
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(Photos by KEN AUBUCHON)
The Collinsville Sportscard Show was held Dec. 8 at the Gateway Center. At left, Bob Worman, 12, of Troy compares cards. Above, Stuart Wetzel, 11, of Swansea shuffles a few cards. Below left, people line up at tables, examining vendors' offerings. Below right, Bill Grey of O'Fallon goes through a box of cards.



Marriage Encounter Weekend slated at Kirkwood, Mo., inn

Married couples in the St. Louis area will have a special opportunity to strengthen their marriages Feb. 14-16 at the Kirkwood Inn.

The Inn is located at Interstate 44 and Kirkwood. The weekend will begin at 7:30 p.m. on Friday and end Sunday evening by 8 p.m.

The Marriage Encounter Weekend

offers an extended period for husband and wife to explore themselves and deepen their relationship away from the normal routines of life. Although many couples are involved in the experience, sharing and communication are focused with each couple.

Couples will be guided into a method of sharing called "dialog," which

involves learning to explore feelings and emotions which are often overlooked or passed by in daily life.

Although this is a Lutheran Marriage Encounter weekend, all couples are welcome. Couples who have previously experienced this weekend would like other couples to have the opportunity to share in this unique experience. No

couple will be refused for financial reasons. To learn more about the Lutheran Marriage Encounter weekend or to request forms, call Bob and Barb Carver at 656-2505. Couples may also call Lutheran Marriage Encounter at 1-800-333-1010.

For 1997, weekends are also scheduled for April 25-27, and Nov. 7-9.

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Black teen charged with committing hate crime

By Bob Slaten
Staff writer

A black teen from Madison, reportedly a member of the "Gangsta Disciples," was charged with committing a hate crime last week for allegedly intimidating a white customer at Jack-in-the-Box restaurant, 3330 Nameoki Road in Granite City.

Charleston E. "C-Low" Hilton Sr., 17, of the Grenzer Homes was charged Thursday with the felony.

He allegedly intimidated a 25-year-old St. Charles, Mo., man at the restaurant at 9:22 p.m. Wednesday.

A police report states that Hilton was not acquainted with the victim until the incident.

The victim was the only white patron of the restaurant at the time, when four black youths, including Hilton, entered and made disparaging remarks about the victim's race, according to a police report.

The four sat down at a table away from the victim at first, the report states.

But Hilton allegedly moved over to the table where the victim was sitting, said he had white powder, began spitting on the bill of the victim's ball cap and challenged the victim to a fight, the report states.

After Hilton challenged the victim to go outside, the victim asked restaurant employees to call police, the report states.

Hilton was subsequently arrested at the scene.

An arrest ticket lists Hilton as a member of the Gangsta Disciples gang.

The four youths with Hilton, all teens from the Madison area, were released without being charged.

Ex-judges eye return to bench

Two former judges are among the 10 individuals who have applied for the vacant associate judge position in Madison County.

Randall Bond of Bethalto and Dan Stoen of Highland both have recently served as judges in Madison County and both would apparently like to serve on the bench again.

The list was compiled on a list released by Chief Circuit Judge Nicholas Byron of applicants for the vacant associate judge position by the recent election of Larry Keeler to the position of circuit judge.

Also on the list are Barbara Crocker and Allen Gilligan Jr., both of Edwardsville; James Drazen of Troy; Mary Lloyd Lowe of Springfield; Edward McCarthy of Glen Carbon; Ralph Mendelsohn of Godfrey; and Neil M. Meier Jr. and Bill Sherwood, both of Alton.

After the state Supreme Court certifies the list, ballots will be sent to the nine circuit judges, who will have 14 days to fill the vacancy.

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LOCAL NEWS

Obituaries

Jesse Frazier

Jesse Thomas Frazier, 85, of Granite City died at 1:15 p.m. Wednesday, Dec. 4, 1996, at St. Elizabeth Medical Center in Granite City. He was born Oct. 3, 1911, in Okmulgee, Okla., and was a resident of Granite City for more than 70 years.



Mr. Frazier retired in 1988 from General Steel Industries where he was employed in the metal form department. He was a member of Second Baptist Church, Granite City, and a former member of Steel Workers Local.

He was preceded in death by his wife, Edna P. (Morris) Frazier, whom he married in 1933; his parents, Forest and Cora (Arthur) Frazier; a sister, Lula Frazier; and a brother, Gilbert Frazier.

Survivors include a son, Ronald Eugene Frazier of Granite City; two daughters, Sandra Valencia of Granite City, and Pamela (Frazier) Hurst, Hurst, Texas; six grandchildren and one great-grandchild.

Services were Saturday, Dec. 7, at Second Baptist Church, 2100 S. Main, Granite City, with the Rev. David Tyler officiating. Burial was in Lakeview Memorial Gardens, Fairview Heights.

Honorary pallbearers were handled by Mercer Mortuary, 1416 Niedringhaus, Granite City.

Grace Anglin

Grace E. (Bryant) Anglin, 84, of Phoenix, Ariz., formerly of Granite City, died Monday, Dec. 5, 1996, at Eastern Star Care Center in Phoenix, Ariz., following a one-year illness. She was born June 14, 1912, in Danville, Ill.

Mrs. Anglin, a homemaker, was a former Granite City resident (1951-1972). She attended Second Baptist Church, 2100 Lincoln Granite City, which was resident here, and was a member of Phoenix Christian Assembly Church, Phoenix, Ariz.

Survivors include a daughter, Lucille Anglin of Phoenix, Ariz.; five sisters, Aline and Robbie Walker, both of St. Jacob, Bea M. Whipple of Nashville, Tenn., Florence Laxton of Benton, Ky., and Ruth Brake of Dover, Tenn.; three grandchildren and step-

one great-grandchild.

She was preceded in death by her husband, Logan Anglin, whom she married March 1930 in Dover, Tenn., and who died in 1971; a daughter, Ann Zimmerman; and a sister, Parthena Conne.

Services were Tuesday, Dec. 10, at Mercer Mortuary, 1416 Niedringhaus, Granite City, with the Rev. Roger Oughton officiating. Burial was in St. John Cemetery, Nameoki Road, Granite City.

Cecil Shelton

Cecil M. Shelton, 80, of Granite City, son of C. W. and Anna (Horn) Shelton, died Friday, Dec. 6, 1996, at Caseyville Nursing Home. He was born Aug. 31, 1916, in Mt. Olive, Ill.

Mr. Shelton, a veteran, was a retired carpenter and construction engineer, formerly employed by Werner and Krogger Grocery Stores. He was a member of the Church of Jesus Christ of Latter Day Saints and St. Louis Carpenters Local 602.

Survivors include his wife, Helen (Shelton) Shelton, whom he married in 1938; two daughters, Phyllis Blanton of Edwardsville and Laureen Keck of O'Fallon; three sisters, Ruth Demoro of Collinsville, Margaret (Shelton) Oramas of Galesburg and Oramas Pontell of Caseyville; 10 grandchildren and eight great-grandchildren.

He was preceded in death by his parents, Mildred (Orphie) (King) Henderson; a son, James Allen Shelton, who died Nov. 16, 1972; and four brothers, Joseph, Oscar, Milas and Charles.

Services were Monday, Dec. 9, at Werner Chapel for Funerals, 3939 Lake Drive, Pontoon Beach, with the Rev. Fred Crippen officiating. Burial was in St. John's Cemetery, Collinsville.

Memorials suggested to The Church of Jesus Christ of Latter Day Saints.

Thomas Lupardus

Thomas Lupardus, 26, of Benton, Mo., formerly of Pontoon Beach, died Thursday, Dec. 6, 1996. In St. Louis, he was born Jan. 30, 1970, in Alton.

Mr. Lupardus was a resident of Pontoon Beach for 10 years, prior to moving to Benton, Mo., eight years ago. He was employed as a welder by James Trailer Manufacturing in Miller, Mo.

Survivors include his mother and stepfather, Barbara Ann (Moyer) and Jim Gibbs of Glen Carbon; his father and step-

mother, Donald Gene and Terry Lupardus of Newport, Richey, Ill.; paternal grandparents, Homer and Lillian Lupardus; maternal grandparents, Herbert and Florence Moyer of Wichita, Kan.; sister, Dawn Crenshaw of Colorado Springs, Colo.; and one brother, Sean Lupardus of Wichita Falls, Texas.

Services were Tuesday, Dec. 10, at Werner Chapel for Funerals, 3939 Lake Drive, Pontoon Beach, with the Rev. Henry Crippen officiating. Burial was in Sunset Hill Memorial Estates, Glen Carbon.

James Braman

James Melvin Braman, 64, of Granite City died at 6:20 a.m. Saturday, Dec. 7, 1996, at St. Elizabeth Hospital.

He was born Sept. 10, 1932, in Raven, Denison, Iowa.

Mr. Braman was retired from Norfolk Southern Railroad after 26 years as a machinist. He was a veteran of the Korean Conflict and of the Protestant faith.

Survivors include his wife, Carol (Meyering) Braman; a son, Michael Braman of Orlando, Fla.; two daughters, Genia Crook and Nina Adams, both of Granite City; and five grandchildren.

He was preceded in death by his first wife, Lena (Cinelli) Braman, who he was married to for 33 years until her death in July 1992; a son, James William Braman, who died in 1995; his parents, Henry and Minnie Ann (Patterson) Braman; one brother; and one sister.

Services are scheduled for 11 a.m. today, Wednesday, Dec. 11, at Thomas Chapel, 2205 Pontoon Road, Granite City, with the Rev. George Linhart officiating. Burial will be in Valley View Gardens Cemetery, Edwardsville.

Memorials suggested to Granite City Foursquare Church.

M. Dunscomb Jr.

Mark Edward Dunscomb Jr., infant, died Thursday, Dec. 5, 1996, in Richmond Heights, Mo. He was born Dec. 5, 1996, in Richmond Heights, Mo.

Survivors include his parents, Mark Edward Sr. and Angela L. (Sullivan) Dunscomb of Granite City; paternal grandmother, Betty (Hoese) Botkin of Granite

City; step paternal grandfather, Bill Botkin of Granite City; paternal grandmother, Phillipa Sifuentes of Granite City; paternal grandfather, Nichanor Sifuentes of Los Angeles, Calif.; and paternal great-grandmother, Ruth Hoese of Granite City.

He was preceded in death by his paternal grandfather, Robert Dunscomb.

Services were Tuesday, Dec. 10, at Irwin Chapel, 3960 Maryville, Granite City, with the Rev. A.J. Kitson officiating. Burial was in Sunset Hill Memorial Estates, Glen Carbon.

Michael Schmitz

Michael Clarence Schmitz, 74, of Granite City, formerly of St. Louis, died at 12:50 p.m. Saturday, Dec. 7, 1996, at St. Elizabeth Medical Center. He was born April 27, 1922, in St. Louis.

Mr. Schmitz retired in 1984 from Union Electric in Venice Beach, Calif., after 30 years as a journeyman machinist. He was a member of John Lutheran Church and served in the U.S. Navy from June 1942 to November 1945.

He was preceded in death by his parents, Charles and Elizabeth (Zoner) Schmitz; one brother and one sister.

Survivors include his wife, Debra H. (Schmitz) Schmitz, whom he married April 8, 1944; two daughters, Barbara G. Schmitz of Granite City, and Peggy A. (Hollingshead) of St. Ann, Mo.; a brother, John Schmitz of St. Louis; and one grandson.

Services were Tuesday, Dec. 10, at Irwin Chapel, 3960 Maryville, Granite City, with the Rev. Arthur Cool officiating. Burial was in Jefferson Barracks National Cemetery, St. Louis County, Mo.

Memorials suggested to St. John Lutheran Church, 2001 St. Clair, Granite City.

Rose Macek

Rose Macek, 93, of Madison died at 12:20 p.m. Saturday, Dec. 7, 1996, at St. Elizabeth Hospital in Granite City.

She was born Oct. 7, 1903, in St. Louis and had been a resident of Madison for 20 years.

Mr. Macek died in 1970 from sales for May Co. in Los Angeles. She was a member of Nativity of the Virgin Mary Orthodox Church, Ladies Solidarity of the church and Madison Senior Citizens.

Survivors include a brother, Andrew Macek of Granite City; nieces and nephews.

She was preceded in death by her parents, Peter and Pearl

(Shubcek) Macek; three sisters, Mary Macek, Ann Feburka and Helen Dubler; and four brothers, George, John, Mike and Peter Macek.

Services were Tuesday, Dec. 10, at Nativity of the Virgin Mary Orthodox Church, 5th and Franklin Streets, Granite City.

He was preceded in death by his paternal grandfather, Robert Dunscomb.

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Eva Glasgow

Eva M. Bellinger Glasgow, 87, of Albuquerque, N.M., died Tuesday, Dec. 3, 1996, at the Manor Care Nursing Home in Albuquerque, N.M. She was born Dec. 11, 1908, in Rice, Okla. Mrs. Glasgow, a homemaker, had been a Granite City resident for 25 years prior to moving to Albuquerque, N.M., in September 1968. She was a member of Second Baptist Church, 2100 Illinois Ave., Granite City.

Services include the funeral of Alice L. Bellinger, 89, of Albuquerque, N.M., who died April 1, 1996. She was a widow of Carl Bellinger, 91, who died in 1988.

Survivors include her daughter, Wanda Weise of Holland, Mich., and son-in-law, Phillip of Colorado Springs; Colleen, three brothers, Melvin Jones of Preston, Mo., Dean Jones of Burke, Va., and John Jones of Littleton, Colo.; grandchildren; great-grandchildren; and great-great-grandchildren.

She was preceded in death by her husband, Hamilton Glasgow, and son, Carl Glasgow.

Services were held Monday, Nov. 18, at Chester T. French Memorial Mausoleum Chapel, Nov. 19, 1996, in Chester T. French Memorial Mausoleum.

Alice Luttell

Alice Luttell, 70, of Hammon, Ind., formerly of Granite City and Crown Point, Ind., died Saturday, Dec. 7, 1996, at St. Elizabeth Hospital in Indianapolis.

Miss Luttell retired as a nurse and lazarus instructor from St. Margaret's Hospital in Hammond, Ind., after 25 years of service.

She was preceded in death by her husband, Leon J. Luttell, who died in 1990; three brothers, Andrew, Curtis Bellinger, who died Nov. 17, 1987, and John Luttell.

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He was preceded in death by his paternal grandfather, Robert Dunscomb.

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Services are scheduled for 11 a.m. today, Wednesday, Dec. 11, at the General Home Mortuary, 10101 S. Broadway, Crown Point, Ind. Burial will be in Chapel Lawn Memorial Gardens, Schererville, Ind.

James Sewell

James "Bud" R. Sewell, 73, of Toledo died at 6 p.m. Saturday, Dec. 7, 1996, at St. Anthony's Hospital in Erlingham. He was born Nov. 21, 1923, in East St. Louis.

Mr. Sewell was a retired pilot.

He was preceded in death by his parents, Oscar and Elsa (Krippen) Sewell; one brother, one sister, and one great-granddaughter.

Survivors include his daughter, Wanda Weise of Holland, Mich., and son-in-law, Phillip of Colorado Springs; Colleen, three brothers, Melvin Jones of Preston, Mo., Dean Jones of Burke, Va., and John Jones of Littleton, Colo.; grandchildren; great-grandchildren; and great-great-grandchildren.

She was preceded in death by her husband, Hamilton Glasgow, and son, Carl Glasgow.

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Services were held Monday, Nov. 18, at Chester T. French Memorial Mausoleum Chapel, Nov. 19, 1996, in Chester T. French Memorial Mausoleum.

Kenneth Kirksey

Kenneth E. Kirksey, 66, of Granite City died Monday, Dec. 9, 1996.

Arrangements are pending at Thomas Mortuary, 2205 Pontoon Road, Granite City.

People should be aware of pigeon drop artists and other scammers who prey on holiday shoppers, Eschbach said.

In the last two months, two pigeon drop schemes were foiled when the intended victims failed to fall for the deal and called police.

"If someone approaches you with a deal to make some fast money, back away and call the police," Eschbach said.

— From The Telegraph

Expressive therapist in 'Who's Who'

Dorothy Giles, a certified expressive therapist, Edwardsburg, Ohio, has earned inclusion in "Who's Who of American Women" for 1996.

Dr. Giles was chosen for her years of service as a special education teacher, university instructor, workshop leader, and author of numerous articles on music for special children. She is a certified expressive therapist with the National Expressive Therapy Association and a Diplomat of the National Institute of Expressive Therapy.

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LOCAL NEWS

Sears may help boost Alton Square

ALTON — The new manager of Alton Square says the ground-breaking for Sears may be the foundation for a number of positive developments at the mall.

"There will be a lot of good things happening out here, but they'll take time. You all can't expect it to happen right away," said Bob Hardy, who lives in Fairview Heights and has spent the last 10 years as operations manager for St. Louis Centre shopping center in downtown St. Louis, takes over the job held the last few years by Charles Tarkington, who has been promoted to manager of the new Alton Square.

All the properties are owned by Simon DeBartolo Group, the largest real estate investment trust in the United States.

Hardy joined Tarkington, who he said helped build occupancy. He said his job will be to develop what is there now — both from the construction and retail sides.

Sears is the biggest project, but work is also under way on

APAC Teleservices Inc. and St. Anthony's Wellness Center — both of which should be open by month's end.

In addition, St. Louis-based Advance Carpet has just signed a lease on 7,500 square feet of the former Jean Nicole store. Construction will begin soon, Hardy said.

More important, having Sears as the third major anchor with Famous-Barr and J.C. Penney should be enough to lure other tenants, such as a multiplex cinema.

"We're working on that," Hardy said. "We've got what a theater needs."

A full-service food court will also be pursued, he said.

The telemarketing and Wellness Center employees will also represent potential customers. APAC alone "will have 100 people at any given time working out here. What better way for a shopping center to help itself," Hardy said.

APAC is expected to employ 250 people full or part time. St.

(See SEARS, Page 7A)

• Gas station

(Continued from Page 1A)
victim started screaming, alerting the nearby police officers. Officers then chased Williams into the nearby swamp and lost him.

A few minutes later, police received a 911 call that a man matching Williams' description was seen trying to flag down cars near the intersection of Illinois 162 and Interstate 255.

When he was apprehended, Williams first told police that his

car had broken down, then that he had been carjacked. However, he was identified by the victim at the scene.

"How stupid can you be," Abel said. "It takes all kinds I guess."

The accident occurred when a tractor-trailer and an automobile collided at the intersection. Three people were injured — two were taken to St. Louis hospitals by helicopter.

Further information on the accident was unavailable.

• Arrest

(Continued from Page 1A)

Brown was not found, but seven people were arrested on outstanding warrants and police recovered 18 plastic bags of suspected marijuana and seven baggies with suspected crack cocaine. Also recovered were \$4,000 in cash. Nobody was charged with possession of the contraband because as officers came in the items were thrown to the floor.

Arrested on outstanding warrants were:

— Katrina Mooby, 17, of the 3900 block

of Oakmont, Pontoon Beach — operation of an uninsured motor vehicle;

— Lisa Baker, 26, of the 1500 block of Market, Madison — criminal damage to property;

— Cedric D. Wilson, 31, of the 1100 block of Douglas, Madison — driving with a suspended license and a St. Clair County warrant;

— Ryan G. Miller, 25, of the 1700 block of Alby, Alton — illegal possession of a

controlled substance;

— Kenneth L. Briggs, 33, of the 700 block of North 16th Street, East St. Louis — unlawful possession of cannabis and a traffic offense from St. Clair County;

— Allen Jefferson, 47, of the 300 block of North Third Street, Brooklyn — domestic battery; and

— Manuel Wallace, 31, of the 800 block of Bissell, Madison — operating an uninsured motor vehicle.

• Tourism

(Continued from Page 1A)

"They're making a lot of money, but many contribute nothing to tourism. They don't realize the business we bring in — they take the people and leave the city off and on. No one group needs to do a lot. A lot of people need to do a little."

According to the bureau, occupancy rates in the area have been steadily increasing since 1991, when the bureau began promoting the region.

In 1991, Fairview Heights' hotel occupancy rate was 72.6 percent, while the rate in 1995 increased to 83.6 percent.

"The addition of the Gateway International Raceway and the world-class motor sports that it will bring to our region will ratchet up an already booming tourist trade. This year, the

economic impact of the Prairie State Games, Midwest Salute to the Masters, and the International Sports Festival and Pan Am Games represented \$5,237,005," Westhoff said.

Westhoff believes the Gateway International Raceway becomes fully operational, it will generate \$27 million annually and create 1,250 new jobs in the St. Louis Metropolitan area," he said.

Revenue from the eight counties under the tourism bureau total \$10.57 billion. In 1994, the met current data available from the U.S. Travel Data Center in Washington, D.C.

In terms of expenditures in 1994, St. Clair County ranked sixth in the state, while Madison County ranked tenth out of a total of 102 counties. In addition, Clinton County ranked 38; Fayette, 50; Randolph, 58; Washington, 60; Bond, 69; and Monroe, 76.

• Donate

(Continued from Page 1A)

Clonkers' Market, Fanning said. "We wanted to be sure it all stayed in the community."

This was the third year for the Christmas charity program. Last year, a sim-

ilar recycling effort raised about \$800.

"I was overwhelmed when they brought me the check," Fanning said. "I thought 'My god, how am I going to spend all this?'

But Fanning and three friends managed

to spend the money in an hour and 45 minutes shopping spree at Kmart last

"We really enjoy doing this. There are caring and concerned people who work at Granite City Steel," Fanning said.

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INS raid on factory brings closing of doughnut shops

A yearlong federal investigation that uncovered dozens of illegal aliens from India living and working in the bi-state area has resulted in the closing of Dunkin' Donuts stores in

Alton and Wood River. Agents from the U.S. Immigration and Naturalization Service last week raided a Dellwood, Mo., doughnut factory operated by Richard Scott Wittels.

Agents from the U.S. Immigration and Naturalization Service last week raided a Dellwood, Mo., doughnut factory operated by Richard Scott Wittels.

Wittels, who could not be reached for comment Friday,

also operates the Dunkin' Donuts at 1625 Washington Ave. in Alton and 1102 Edwardsville Road in Wood River, sources said.

The store was closed Friday. Identical signs in the windows read: "Closed for repairs. Watch for reopening!"

However, Wittels' attorney said some employees said the stores are closed because of the investigation.

"We're out of a job, and you know it," said Charles Jenkins, one worker said. "Because he hired illegal immigrants."

It's unclear at this point whether the 100 or so illegal aliens were working at the River Bend area stores, Moyer said. However, Wittels' attorney, Ron Jenkins of Clayton, said Wittels' employees worked at Dellwood plant.

"Until the situation is straightened out, they don't have the employees to put the plant back up and running," Jenkins said. "There is no doubt certain individuals alleged to be illegal aliens were taken from the store."

Jenkins said she trained immigrants at one of the River Bend stores before they were sent to the Dellwood plant. The Wood River and Alton stores sell doughnuts made in Dellwood.

"Every single one of them went to Dellwood," the employee said. "I helped train

some of them, as I understood they had green cards. But as I found out today, they didn't."

Asked if she thought Wittels knew the immigrants were in the country illegally, the worker said, "I'm not sure he did."

Moyer stressed that INS did not shut down the Alton and Wood River stores.

"We didn't shut him down, but we did take into custody some of his workers. There definitely is an Alton-St. Louis connection, but we haven't determined it yet. Some of the (illegal aliens) worked for Wittels."

Jenkins said Wittels and his son, Jeremy, have cooperated with investigators and will continue to do so. There are no charges against Richard Scott Wittels at this time, Moyer said.

"This is a pretty active investigation, but not conclusive by any stretch. This is going to take us weeks," he said, adding that investigators are investigating whether the workers were paid salaries below the minimum wage.

Moyer estimated that 20 illegal aliens from India were taken into custody Tuesday and Wednesday at sites throughout the bi-state area, many from the Dellwood doughnut plant. The men did any of four jobs: cooking, baking, finishing and packing.

One employee, who spoke on the condition of anonymity,

said Richard Scott Wittels met Friday afternoon with employees from the Wood River store and gave them paychecks. The worker said employees are not out of work, but losing their jobs cut also the alleged actions of Wittels.

"He said he's going to reopen (the stores) in two weeks. He didn't even have that chance considering he's doing the slave trading," the worker said.

The employee said Wittels told them Friday, "None of this is my fault."

There's little doubt where the immigrants came from, the investigator helping us tell us they say they're from India," Moyer said. "The questions are how did they get into the country, who brought them here, who's knowingly hiring them now with employment, housing and transportation, he said.

Certainly there are indications they were smuggled in ... or used false documentation.

Ages of the illegal aliens ranges from about 10 to 50.

The real young ones weren't working," Moyer said.

About half the immigrants were free on bond Friday; most were in county jails throughout the area.

The investigation includes law enforcement on all levels and includes the Social Security Administration.

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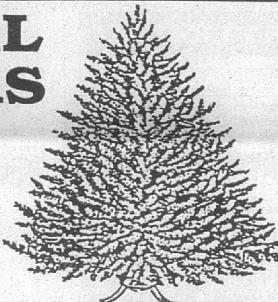
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Alton Sears breaks ground

ALTON — Alice Landgraf and Ruth Wooley saw backhoe operator Ron Peppenhorst break ground Wednesday for the new Sears store at Alton Square shopping center.

"It's been a couple of years since Alton, and I couldn't be happier," said the 89-year-old Landgraf, who shopped for 35 years at the Downtown Alton store, which closed in 1980.

Hellkamp Construction Co. crews broke ground for the \$12 million Sears store and automotive center in the northwest corner of the mall.

"Sears will be a big asset to Alton Square," said Dick Dugan, Hellkamp site superintendent.

The 90,000-square-foot Sears store will be the third major anchor store joining Famous Bazaar and J.C. Penney, and may draw about 220,000 more shoppers a year to the shopping center.

"The new Sears store will be a big step forward for the shopping mall," new Alton Square manager Bob Hardy said.

The two-story Sears store and nearby

10,000-square-foot automotive center may open by the fall of 1997 and will employ about 125 people with a \$2 million annual payroll.

Sears may be the forerunner of future growth for the community," said Nick Lillo, senior leasing representative for the Simon DeBartolo Group of Indianapolis, owner of Alton Square. "Sears will help other stores at the square and should attract new ones."

Alton Square Growth Association President Don Miller said the new Sears will be a boost to the mall.

"Sears will enhance the marketing opportunity for the shopping mall. It brings a multi-million dollar payroll to the community."

Leland and Wooley remembered when the Downtown Alton Sears store was a place for friends to meet and shop on Saturday night.

"We bought our clothes and shoes at Sears," Wooley, 90, said. "We're glad the store is coming back to Alton."

— From The Telegraph

•Sears

(Continued from Page 6A)

Anthony's work force will fluctuate depending on programs offered each day, spokesman

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Mark Pierce said.

Hardy, 48, is no relation to the late St. Louis radio personality of the same name, but said he is asked about him constantly. He has worked at several malls in this area and worked "coast to coast" for Simon while in his St. Louis days.

Among special projects were three two-month stints on a tenant startup project at the Mall of America in Minneapolis.

is the recently built and largest shopping center in the United States.

He has worked for Simon for 18 years, and before that worked for Unilever, Smith & Son Construction Co. and Pepper and Marston Construction companies all in the St. Louis area.

He and his wife, Connie, have five children.

— From The Telegraph

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NEWS

Argosy gains permit for Lawrenceburg, Ind., boat

ALTON — Christmas came early Friday for Argosy Gaming Co. in the form of a \$10 million-a-year gambling boat operation in Lawrenceburg, Ind.

Argosy and its gaming partners celebrated when the U.S. Army Corps of Engineers issued the company a final permit to build a permanent riverboat gambling and entertainment complex at Lawrenceburg.

The Argosy Casino Lawrenceburg, a temporary 367-foot-long riverboat, will make its first "shakedown" gambling cruise Tuesday on the Ohio River with Indiana Gaming Commission officials aboard to audit the operation.

"We anticipate opening the inaugural gaming cruises on Friday the 13th, and that's a lucky day for our gaming market," said Jim Dan Marshall, director of investor relations at Alton-based Argosy.

The permanent Lawrenceburg riverboat gaming license will push Argosy and its Indiana partners to the top of the riverboat gambling operations in the United States.

In Lawrenceburg was the most sought after riverboat gaming license in the country," Marshall said. "It's the crown jewel of Argosy, which operates in five states, including the Alton Belle in Alton."

The Lawrenceburg operation is in a strategic spot, drawing

gamblers from Indiana, Ohio and Kentucky.

"It's a phenomenal gaming market from a population area of 7 million people," Marshall said.

J. Thomas Long, Argosy's vice president and chief financial officer, spearheaded the campaign to win the lucrative riverboat license.

Long credited the extraordinary commitment of his employees and their many months of hard work and dedication to bring about this exciting new casino and entertainment venue.

Argosy, the general partner, holds 57.5 percent interest in the operation, known as Indiana Gaming Co. Partners Con-

seco and Centaur own the remaining interests.

When the new 400-foot-long

gaming boat crosses the Ohio River in 1997, gaming analysts predict Argosy and its partners will rake in record gambling revenue of \$260 to \$300 million a year, Marshall said.

"The permanent boat and entertainment complex at Lawrenceburg will be the largest riverboat gaming casino operating in the United States," Marshall said.

When the new 400-foot-long gambling boat crosses the Ohio River in 1997, gaming analysts predict Argosy and its partners will rake in record gambling revenue of \$260 to \$300 million a year, Marshall said.

The Corps of Engineers permit allows construction to start on a 300-room luxury hotel and a 120,000-square-foot entertainment complex, Long said.

Argosy was formed in Alton in 1990 with the Alton Belle Casino and has risen to one of the top gambling boat empires in the country.

From The Telegraph

Sma

By Nicole V
Staff writer

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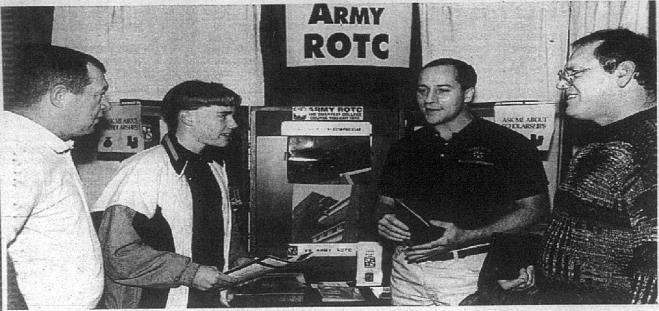
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Preview — A record-breaking attendance for the annual Preview SIUE — more than 1,500 prospective students and their parents — was noted recently at Southern Illinois University at Edwardsville. The event welcomes students and their parents to explore SIUE as a campus choice after high school. Here, Army Master Sgt. Terry Russell, left, and Maj. Steve Greenberg, second from right, speak with Mike Rudy of Granite City and his father Stan Russell about SIUE's ROTC program.

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Small toys make big difference for shelter's dogs

By Nicole Vaughn
Staff writer

What do peanut butter and a product that bears the same name as gone-to-legends King Kong have in common?

The Madison County Humane Society needs both.

A "kong" is a plastic chew toy that comes in different sizes and can be filled with peanut butter or filled with kibble and poses a challenge to canines in their efforts to get at the treats.

"It's an activity that can improve the quality of life for shelter dogs," said MCHS President Ledy VanKavage. "A lot of times, they go 'cage crazy' and become

"It's an activity that can improve the quality of life for shelter dogs. A lot of times, they go 'cage crazy' and become unadoptable."

unadoptable."

VanKavage said that dogs can spend hours working with the toy, giving them something to do between the long-awaited pats from visitors or caretakers as they wait to be adopted.

"It enhances their shelter stay," VanKavage said. "There's just not a

lot for them to do inside the kennel."

VanKavage said that the MCHS has enough money to buy kongs for the Collinsville site, but is still in need of peanut butter there and in need of kongs for its Edwardsburg site. Kongs are available at both Wal-Mart and the General Store in

Collinsville and at PetsMart in O'Fallon.

"We need all sizes," she said. "Items or other donations can be taken to the Collinsville shelter at 298 Simpson Place, or call the shelter at 344-0109. Shelter hours are 11 a.m. to 6 p.m. Monday through Saturday and closed on Sunday.

If a cuddly creature is on your list, the MCHS might be a place to keep in mind. Since taking over the Collinsville shelter in November 1990, MCHS has placed 240 cats and 336 dogs in adoptive homes.

Thirteen other species of animals — ranging from bunnies to boas — also were placed.

But VanKavage said it's not a good idea to place a furry bundle

beneath the Christmas tree.

"There's just too much going on at the holidays, and we strongly encourage people not to give animals at Christmas," VanKavage said.

It's better to give a pet gift certificate instead, allowing the recipient to pick out their own animal and giving the animal more of a chance to start in its new environment, she explained.

Certificates are \$30 for cats and \$50 for dogs.

"People either leave town or have a houseful of company," VanKavage said. "It can be stressful for people who have to leave them [the holidays] it down times. Imagine how it could be for an animal in a new environment."

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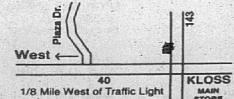
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A West Columbia, Texas, resident faces first degree murder charges for allegedly killing her stepdaughter 35 years ago.

Mary M. Morgan, 56, was charged Friday with murdering her stepdaughter, Michele Morris, 15, last year. Roberta Haida made the announcement at a press conference Friday at the St. Clair County Courthouse.

Morgan was taken into custody around noon Friday in Montgomery, Texas, which is about 60 miles north of Houston. She is being held on \$1 million bail. Haida said authorities will extradite Morgan to St. Clair County as soon as possible.

No charges were filed against Morgan's father, Roy Morgan. Billy Morgan was a military officer at Scott Air Force Base.

The girl died Aug. 10, 1961. She was 15 years old.

Haida alleges that Morgan, without justification and with the intent to kill, or do bodily harm to Michele, kicked and struck her daughter on the chest, abdomen and back.

A skeletal examination was performed on the body of the girl.

St. Clair County Coroner Rick Stone said the body was exhumed from the O'Fallon Cemetery because he wanted to look for additional physical evidence.

Interest in the death was renewed last year when Michele's older brother, George Morgan, 31, inmate at a Missouri prison, wrote Stone about the abuse his sister allegedly suffered under her stepmother.

In his letter, Morgan wrote that he intended to help his sister to death at their home just outside of Mascoutah.

Haida said George Morgan will likely be asked to testify in the case. He said it is still too early to tell who will prosecute the case and what penalty will be sought.

For 16 years the girl's death certificate went unfilled until then St. Clair County coroner C.C. Kane ruled that her death was caused by "probable viral pneumonia." Kane is no longer living.

Stone said Friday Morgan did not die from pneumonia. "An autopsy was performed in 1961 and revealed that she died from massive injuries," he said.

Stone said he did not know why Kane delayed filing the certificate or how he ruled the cause of the death.

But Stone pointed out that Thursday's examination reconfirmed his belief that Morgan did not die from pneumonia.

Stone said he is preparing a report, which he will give to Haida.

"I assume the state's attorney will take that report to a grand jury," he said.

Michele's remains were examined in a laboratory at St. Mary's Hospital in East St. Louis by pathologist Dr. Raj Nanduri. Nanduri could not be reached for comment.

Dr. Michael Graham, a forensic pathologist at St. Louis University, said several things can be determined from a body's remains, including whether a person was beaten and suffered any bone diseases.

Stone said the girl's remains had deteriorated badly. O'Fallon resident Debbie Young is monitoring the situation closely. She said she vaguely remembers parents talking about a small child dying next to their family farm in Mascoutah.

SENIOR NEWS

Calcium a mineral to keep in diet**The following is by the Memorial Hospital dietitians:**

Most people when asked what they could do to improve their diet would say something like "eat less fat or cholesterol," "don't eat desserts" or "I eat all my food." But have you ever considered what you should include in your diet to make it healthier?

Our bodies require a variety of vitamins and minerals everyday in order to function properly; however, most Americans would fall short of meeting their needs for one or more vitamins/minerals. Calcium is a prime example.

Besides calcium's best-known role for building strong bones and teeth, it has many other important functions including helping your muscles contract, heart beat, blood to clot and your nervous system to send messages. If you do not consume enough calcium, your body will withdraw calcium from your bones. Over time this often leads to osteoporosis.

Both men and women need calcium everyday. The amounts needed depends on

your age and your stage of life. Specifically, the Recommended Dietary Allowances recommend 800 milligrams of calcium a day for men and women older than 24. However, the National Institutes of Health advise that women ages 25 plus consume 1,000 milligrams of calcium per day, and that post-menopausal women not on estrogen and men over age 65 consume 1,500 milligrams of calcium per day.

You say you're not a milk drinker? Watching calories? Lack of time? None of these are good excuses for not getting enough calcium. True, calcium is found in abundance in most dairy products, but calcium is also found in a variety of other foods and flavors. For example, an 8-ounce glass of whole, skim, buttermilk or lactaid milk all contain about 300 milligrams of calcium. For those of you who just don't like to drink a glass of milk, try some of the following to boost your calcium intake:

1. Try some calcium-fortified foods like orange juice or bread.

2. Enjoy yogurt, low-fat ice cream, cheese and crackers, or pudding made with skim milk for a tasty, low-fat and calcium-rich snack.

3. Include more dairy products in food preparation. By adding milk or hot cereal or cottage cheese on salads, or mayonnaise in a casserole you can "speak" in some extra calcium.

4. Eat a variety of foods. For example, fish with edible bones like salmon or sardines, or leafy green vegetables like mustard, collard or turnip greens are some non-dairy sources of calcium.

Even with the great variety

of foods that contain calcium, many people simply don't consume enough. If you are advised to take calcium supplements please follow the following in:

1. Use calcium supplements as "make-up" to your calcium intake from food. Or take a glass of milk with a meal to help improve absorption.

2. Choose supplements that contain calcium carbonate or calcium citrate, and avoid those with dolomite or bone meal, which may contain lead

or other metals.

3. Space multiple tablets throughout the day to enhance absorption.

4. Finally, when taking calcium supplements, be sure to drink plenty of fluids in order to avoid constipation.

It is important to remember that a healthy diet is not all restrictions. By consuming a variety of foods in moderation you'll be more likely to meet your recommended needs for calcium and other vitamins and minerals.

Also remember that good-for-you foods don't have to taste bad. Try the following recipe for a delicious bite of nutrition:

Orange Jubilee
6 ounces frozen orange juice concentrate
3 tablespoons granulated or powdered sugar

1 teaspoon vanilla

2 large ice cubes

Blend all ingredients in blender until desired consistency. Use calcium-fortified orange juice to really increase the calcium.

Living trusts can affect you while you're alive

Most estate planning tools take effect only after you pass away. A living trust can affect what happens while you're alive in a living revocable trust.

Before you finalize your estate plan, you should consider how a living trust can be helpful while you're alive, and after your death.

A living revocable trust is a legal arrangement that allows you to transfer your titled and non-titled property to your heirs (the beneficiaries). Titled property includes your home, cars, investments and checking accounts; personal property includes your jewelry, furniture and keepsakes. You name a trusted person or institution to be the "trustee," who will manage the assets in the trust and oversee the detailed instructions you give about how and when distribution of your assets will be made.

While you're alive, you can be your own trustee, or you and your spouse can be joint trustees. You remain in complete control of your assets — they are simply owned by

you while you're alive, you can be your own trustee, or you and your spouse can be joint trustees. You remain in complete control of your assets — they are simply owned by your

trust. Because it's revocable, you can change the provisions of your living trust as family circumstances change.

You can name a guardian for your minor children and for their inheritance. And you can add or remove beneficiaries at any time.

You will manage your trust as long as necessary in the event that you lose the capacity to manage it yourself.

A living trust is a private document, not a matter of public record, and it is a will. With a trust, your estate avoids probate, the costly and lengthy legal process that is used to value and settle your estate and distribute your property to your heirs. Perhaps the most important reason to establish a living revocable trust is to

save your heirs a significant amount of probate costs.

Because the state laws regarding living trusts can vary, it is best that you consult an attorney who is experienced in estate planning and your tax adviser to see exactly how much a living revocable trust will benefit you in your situation. It could be thousands of dollars.

If you decide to proceed with a living trust, you'll need the attorney's assistance. There are some costs that are involved in setting up the trust, and a certain amount of paperwork is necessary to register securities and other property.

Seniors 60 and over are always welcome. Meals are served at noon. The suggested donation is \$2. All meals include 2 percent milk, bread and margarine. Reservations,

What is good exam?

Unless your disorder is no more than a simple strain or sprain, the doctor's physician's first concern should involve acquiring a thorough health history from you. This will make it possible to ascertain the existence of conditions which might require special precautions.

A complete health history will include details and dates of past illnesses, surgery, accidents, diseases and other impairments.

A thorough examination and treatment plan includes:

- Checking all necessary systems and functions of the body.

Choose best tax person

At tax time, many tax professionals "sell" their business by claiming to be the best at what they do.

To help you feel confident in selecting a tax preparer, the Internal Revenue Service (IRS) has some suggestions: Select an individual, or a firm, who will be available when you have questions about the preparation of your tax return months, or even years, after it has been filed.

Ask any tax practitioner who claims that he or she can get you a larger tax refund than other practitioners, or whose fees are based on a percentage of your refund.

If your tax situation is complex, consider hiring a certified public accountant (CPA), whose work concentrates on taxes, a tax lawyer or an enrolled agent to prepare your return.

Check, check again for faster tax return

Taxpayers who take the time to double-check their income tax returns for accuracy can get their refunds faster.

Income reported on the wrong line and missing schedules slow down processing of your tax return. A quick check to see if the return is correct, complete and easy-to-read can eliminate problems before they occur.

Some of the more common areas that need to be checked include the following:

- Are your name and Social Security number on each schedule?
- Are the names of all dependents and social security numbers of those one year and older, on your return?
- Is your arithmetic correct?
- If you do not itemize, did you claim the standard deduction?
- Restless
- Racing heart
- Dizziness
- Shortness of breath
- Difficulty concentrating
- Impatience
- Muscle tension

you claim the correct standard deduction for your filing status? Double-check, especially if you can be claimed as someone else's dependent.

Have you used the right figures from the proper column in the Tax Table?

• Do you qualify for the earned income credit (EIC)? (See your tax form instructions for qualifications.)

• If you made estimated tax payments, have you made the correct entry for your payments on your Form 1040 or 1040A?

• Are all Forms W-2, Wage and Tax Statement, and supplemental tax forms and schedules attached?

• Did you sign and date the return?

• Did your spouse also sign and date the return, if you are married and filing a joint return?

ANXIETY

Clinical Research Associates of Edwardsville needs volunteers, age 18 and over, with Generalized Anxiety Disorder to participate in a research study comparing an investigational drug with placebo. If you feel anxious but don't know if it's serious enough to be considered for a study, please give us a call. Some symptoms include:

Executive or unrealistic worry
Difficulty sleeping
Edginess
Perspiring
Dry mouth
Diarrhea
Fearfulness
Inability
Fatigue

Shaking/trembling
Startle easily
Restlessness
Racing heart
Dizziness
Shortness of breath
Difficulty concentrating
Impatience
Muscle tension

If you have three or more of these symptoms you may qualify for a study. Suitable volunteers will receive a physical exam, EKG, blood and urine analysis, weekly visits with a psychiatrist and study medication at no charge. If interested, please call Mary, (618)659-0292 Monday through Friday.

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Aging population requires change in work practices

Without radical changes in the workplace, some developed nations may wind up with more retirees than employees within 30 years, according to a U.N. report.

Throughout the world, people are living longer and birth rates generally are declining, especially in industrialized nations.

As a result, when workers reach their golden years, there are fewer and fewer people to replace them in the workforce, said the report released Tuesday by the International Labour Organization, a United Nations labor agency.

The report said the situation is aggravated because older workers, facing discrimination and pushed into early retirement, are disappearing from the workplace at an alarming rate.

"Half of us are the welfare states of western Europe, where birth rates also are among the lowest. If trends persist, western Europe will have one man retired for every 1.5 employed by 2025," the report said. In the Netherlands, the ratio would be about 1-to-1.

"By 2025 in some developed countries pensioners may outnumber workers, resulting in tremendous social burden on a dwindling working population," said Gisela Schneider, a senior ILO researcher and author of the report.

Companies can cope by retaining workers longer and

Older workers in jobs requiring good reflexes, strength and sharp vision will need to be moved to areas where they can best make use of their maturity and long experience, such as sales and teaching.

investing in them, for example with new training, flexible working hours and better working conditions, the ILO suggested.

Older workers in jobs requiring good reflexes, strength and sharp vision will need to be moved to areas where they can best make use of their maturity and long experience, such as sales and teaching.

"We will have to learn to think more flexibly than our present rigid tri-partite system of education, work and retirement," said Schneider.

"One possibility is for workers to move in and out of the

work place at different times of their life, allowing them to take time off to raise children, travel, or concentrate on a hobby, while claiming unemployment benefits, she said.

But the trend of improved health expectancy in industrialized countries will have more than a quarter of their population aged over 60 years by the turn of the century, according to the report.

Meanwhile, the birth rate for the total world population dropped from 33 to 27 births for every 1,000 people between 1950 and 1990, with rates as low as 15 in developed regions.

At the same time, life expectancy has become shorter. Young people today longer while older people often live longer, the brunt of rising unemployment with early retirements and layoffs.

The decline in older workers has leveled off recently in countries like the United States and Sweden because laws have changed to allow people to work longer. But elsewhere in the industrialized world the drop has been precipitous, particularly for men.

Since 1970, the number of working men aged 60-64 has dropped 71 percent in the Netherlands, 69 percent in Austria, 67 percent in France and 56 percent in Finland.

Already, governments are considering ways to avert a looming social crisis, by raising or eliminating retirement age, cutting pensions or increasing taxes and pension contributions.

But the study advised against forcing people to work longer or reducing pensions because that could lead to social conflict.

Instead, employers should be more flexible about retirement, it said.

"The pace of biological aging varies greatly from one person to another," the report noted. "Chronological age is therefore a very poor indicator of when a worker should retire."

Several studies in the United States show that older workers are better at working with people, harder working and more loyal than many of their younger colleagues, it said.

"Many companies see older workers as less productive and costing more in wages," said Schneider. "In fact skilled, highly qualified older people have a tremendous amount to offer."

— Associated Press

Senior menus

Donations for noon meals are \$2. Call day ahead for reservation, 877-4373.

Wednesday, Dec. 11
Ham and beans, creamy cole slaw, cornbread, fruit cocktail.

Thursday, Dec. 12
Fried chicken patty, potato triangles, steamed tomatoes, bun, vanilla ice cream.

Friday, Dec. 13

Glazed ham, sweet potatoes, asparagus, dinner rolls, apple pie.

Mondays, Dec. 16
Hamburger, au gratin potatoes, broccoli, bun, peach slices.

Tuesday, Dec. 17
Beef stew, stew vegetables, cole slaw, biscuits, pineapple tidbits.

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FAMILY/COMMUNITY

Troop 103 holds Court of Honor

On Nov. 13, 1996, Holy Family Boy Scout Troop 103 held its award ceremony to honor those scouts who have earned merit badges and advanced in rank during the summer and fall of 1996.

The ceremonies were presided over by Senior Patrol Leader Geoff Edwards. Awards were handed out by Scoutmaster Mike Weller and Committee Chairman Donna Harper.

Also honored and thanked for his many years of service to Troop 103 was Scouting's Scoutmaster Patrick Nesbitt.

Sister Mary Angelene Biderbost, O.P., principal of Holy Family School, made presentation to Scoutmaster Norman Rockwell prints featuring scenes from scouting.

The gift was from Holy Family Scout Ranch/Troop 103 in honor of its 10th anniversary.

The following boys achieved awards:

Karen Atkins: Canoeing, fingerprinting, and weather merit badges

Erik Barger: Environmental science, fingerprinting, safety, motorboating, woodcarving, and swimming merit badges, and Star rank

Adam Cochran: Safety merit badge

Zach Cochran: Camping merit badge

Zac Coulter: Astronomy and woodcarving merit badges

Aaron Craft: Shotgun shooting merit badge

Courtney Eberle: Camping, emergency preparedness, first aid, and small boat sailing

merit badges and Life rank

Robert Lampitt: Backpacking, communications, fingerprinting, pioneering, and sports merit badges

Andy Mell: Lifesaving and swimming merit badges and Scout, Tenderfoot, and Second Class ranks

Andy Mell: Safety merit badge

Tony Mell: Environmental science, Forestry and Safety merit badges

Patrick Meredith: Camping, citizenship in the community, communications, Indian lord, motorboating and safety merit badges and Life rank

Nathan Smith: Camping, communications, environmental science, fingerprinting, handicrafts, astronomy, and woodcarving merit badges

Michael Vivod: Safety and woodcarving merit badges

Erin Welsh: Canoeing, communications, motorboating, and swimming merit badges

Family tree

Five Generations — Chad Lignoul, father, standing left to right; Jennifer Connolly, great aunt; Gus Lignoul, great-grandfather. Seated holding Jacob Lignoul is Mary Lignoul, great-great-grandmother.

'Kids' present cantata

The "Kids' Choir" at Family Worship Center, 3633 Illinois 162, will present a Christmas Cantata, "Angels Answer", at 7 p.m. Saturday and Sunday, Dec. 14 and 15.

The 40-member choir features children from four to 13 years of age. The young children's musical tells the story of how God came to Earth as a baby. Diana Sendas is primary choreographer and director, with assistance by artistic consultant and set designer Tammie Gracey and by musical assistant Paula Hubbard.

The public is invited to the free performances. Call 452-1070 for more information.

Eight and Forty holds Fall Pouvoir in Springfield

The Eight and Forty Departmental d'Illinois held its Fall Pouvoir at the Hotel Inn East in Springfield on Nov. 2 and 3, 1996. Madison County Salon #53 was the hostess group.

Judy Zimmerman of the New Douglas Unit, departmental Chapeau, conducted the meeting. Children and Youth Commissioner Donna Miller of Bloomington, Illinois, introduced special guests: Harold Werner, Executive Director of the American Lung Association of Illinois; Vincent Visugian, a child who attended the Superkids for Children with Asthma; and Jan Visugian, his mother.

Visugian spoke of his week's activities at camp and his mother expressed sincere thanks for helping so many children attend camp.

Jackie Boxhart, National Pouvoir member, from Franklin Park, reported on the national meeting held in Salt Lake City in September. Some awards received by Illinois were: Chil-

dren and Youth Plaque for Outstanding program in 1995-96; Certificate from Jeanne Clegg, Chapeau, for amount donated for the Pediatric Fund on Chapeau Day; and Certificate from the Amer. Lung Association Child Welfare Foundation for most monetary contributions in Region 5 for 1995-96; History award for third place in Central Division; Certificate for dedication to the Pediatric Nurses Scholarship; and an award from Central Division for Public Relations.

Zimmerman reported on her visitations to Salons and other activities thus far in 1996-97 year.

President Christiansen, Partnership chairwoman, from Galesburg, reported 70.5 percent of membership collected thus far; Madison County Salon #53 is 2 over 100 percent.

Donna Miller, Children and Youth chairwoman, read a letter of thanks from the Cystic Fibrosis Chapters in Illinois and St. Louis for the contribu-

tions made to them last year. The following Area V Salons contributed to the first drive: Marion, Jason, Marion-Clinch and St. Cloud.

Jennie Burk, Nurses Scholar-

ship Chairman, from Tremont, reported \$1,672.65 having been collected thus far to the fund.

Awards were given to Salons donating more than \$1.50 per partner and Madison County 53 received one.

President Rosenthal, Music chairman, from New Douglas, led us in some "Bear" songs. Jeanne Holt, from Vandalia, assisted in leading these.

Mary Anne Zimmerman and Marlene Smith, committee members, held the prize drawings.

Norma Hillmer of Madison County committee member, held the "Snowball" game and realized \$188 on this.

Following the Saturday session, open house was held in the Chapeau Suite by Madison County 53 partners.

A banquet was held on Saturday evening. Special guest was Marilyn Winteringham of

Michigan who is serving as the Central Division Demi-Chap-

peau.

Entertainment for the ban-

quet was provided by the "Shooting Stars" of Edwards-

ville. It is a young girls drill team sponsored by the Post 191 American Legion and Aux-

iliary.

Sunday morning session began with a prayer service by Louis Jones, L'Aumonier.

Registration report was giv-

en by Shirley Landolt of Alhambra. There were 151

partners in attendance.

Frances Elbeck Chapeau of

Salon 53, from Edwardsville, was the official hostess for the waffle breakfast.

The next state-wide meeting will be the Spring Pouvoir to be held in Elgin, on April 12-13, 1997, with McHenry County as hostess group.

Those attending and assist-

ing from Madison County

Salon #53 were Judy Zimmer- man, Marjorie Rosenthal, Angela Zimmerman, and Irene Schneck all from New Doug-

las. Frances Elbeck from Edwar- dsville; Elsie Vieregg,

Wanda Taylor, and Shirley Emde all from Bethalto; Shir- ley Landolt, Edith Ruehrup,

and Lucille Korsmeyer from Alton; and Karen Roberts from Columbia, Mo.; and Norma Hillmer and Dorothy Hin- son, both of Madison.

In brief

Morris trip Bob and Rita Morris just returned from Fort Worth, Texas, where they attended the 11th annual USS D.D. 558 reunion.

Bob was elected to the office of Executive Secretary for the USS Los Angeles Association.

Next year, the ship's reunion will be held in Roanoke, Va., with Dave and Mimi Erb serv- ing as hosts.

Genealogy

The Madison County Genealogical Society will meet at 7 p.m. Thursday, Dec. 12, in the fellowship meeting room, wheelchair accessible, of the Immanuel United Church, 800 North Main Street, Edwardsville.

Following a short business meeting, Debbie Saitch, Madison County Clerk, will give a presentation about her office.

Guests are welcome and membership is open to anyone interested. For information about the society call Elsie Wesser at 656-2299, Marie Sander at 656-2291, or write to the society, P.O. Box 631, Edwardsville, IL 62025-0631.

Library display

The Wood River Public Library is featuring a display of Christmas cards from around the world as part of the library's celebration of the season.

"The Christmas cards show scenes of cultures from various countries," library director Ron Steele said. "There are snow scenes from Norway, pictures of exotic flowers from Puerto Rico and South Africa, and elephants from Kenya."

The cards are from the pri-

ate collection of Anna Louise Brigham of Quincy and will be on display through the first week of January.

Anna has been seriously collecting Christmas cards since 1974," said her sister, Rose Hoshiko of Edwardsville.

On Dec. 10, at 3:30 p.m., the library will present a special Christmas program for grades five through sixth.

—From The Telegraph

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OAK ROUND OR SQUARE ROUND TABLE

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OAK JEWELRY CHEST

LIST \$1299
SALE \$799

Wednesday

Sports

December 11, 1996—Granite City Journal—Page 1B

IHSA may expand
playoff system
Page 2B

Independiente F.C.
'83 is Team of Week
Page 2B



Art
Voellinger

Dougherty all-around sports star

A little more than a year ago, this corner referred to Jim Dougherty, the three-sport star at Edwardsville High School, as one of the area's all-time versatile athletes.

In addition to being an all-state quarterback and the plain-jacket for the Pauls Valley football team, the son of the Edwardsville football coach also had established himself as an outstanding basketball player and winning pitcher.

Numbers and wins, seasons aside, though, and despite the shoulder separation he suffered near the end of the football season, Jim may have set a record of sorts in the college football business.

Prior to the recent University of Illinois' hiring of Ron Turner, the Chicago Bears offensive coordinator, to replace the fired Lou Tepper, Dougherty was 4-for-4 with the Big Ten conference.

That's right. The Edwardsburg senior was at or near the top of the recruiting list of four Big Ten Conference schools whose coaches have either resigned or been fired.

In addition to Illinois, the list includes Indiana, Minnesota and Penn State.

Sure, Jim has a box full of letters from other schools throughout the country, but he had no choice but to ignore the national letter of intent signing period for football because of the Big Ten voids.

Will Turner beat a path to Edwardsburg's door, as well as the college football recruiters who will be attending Tiger basketball games.

Versatile? The 6-foot-4, 180-pound Jim Dougherty is more than that and deserving of more than just 1996 St. Louis area offensive football player of the year recognition. Way with him well.

ODDS AND ENDS: Here's a tip of the hat to the Belleville Little Knights and Devils, Collinsville Rams, Alton Renegades and Columbus Blue Jays and anyone who helped promote the Pilgrim Bowl for little league football team during Thanksgiving Day Weekend.

As a spectator at the Belleville Township Stadium, I again was impressed with the event that rates as the biggest (63 games were scheduled) and best in the Midwest.

Amazingly, weather conditions didn't deter the Pilgrim Bowl folks who ignored rainy conditions at times and reminded me of how much I'd like to see the Illinois High School Football Association at least a part of its six-class football playoffs further south.

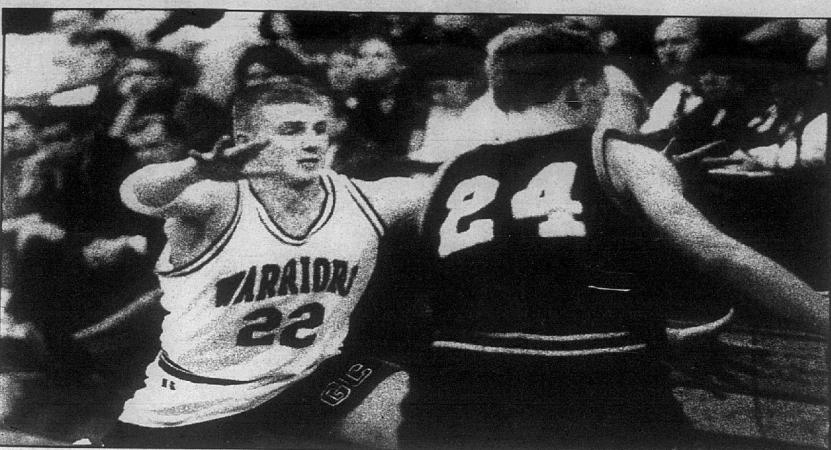
Consider the Class 3A state final game at Normal (Friday, Nov. 29). Illinois State's Hawks had 36 degrees with a 14-mile-per-hour wind out of the south at game time (4:30 p.m.).

Real, though, by the second half of Carterville's 23-20 win over defending state champ Spring Valley Hall that the wind had gotten so strong the game had to be delayed several minutes to return the south goal post to its mooring.

Should the IHSA expand to an eight-class system, meaning that all schools can qualify for the playoffs, one can only wonder if Normal will be the only site for the finals and how long it will be before all schools are admitted to the playoffs.

EXTRA INNINGS: Another great behind-the-scenes person has passed away. Theodore "Ted" Huver, 67, of Freeburg, died at his residence on Dec. 1.

A retired welder with Peabody Coal where he worked for 34 years, Ted was active with the South Side Ironmen Softball Association in many capacities, including being the head groundskeeper for fastpitch softball at the South Side Park in Belleville.



(Staff photo by T.L. WITT)

Granite City Warrior Kyle Briggs, No. 22, keeps close guard on his Collinsville opponent in a game that left the Kahoks without a win.

Madison girls poised for successful season

By Brian L. Jones
Correspondent

It didn't take long for Madison to redirect its potential course for success this season in girls area basketball.

The Trojettes needed 21 games to win four of them last season, when they finished at .250. This year, they have matched that win total in just six games this season, improving to 4-2 last Thursday with a 50-47 win over visiting Waterloo.

Madison's next scheduled game is 8 p.m. Thursday at Dupo. The Trojettes had gotten off to a 3-1 start before their Dec. 2 loss against Alton Marquette. Three days before the Waterloo game, Marquette is an area basketball power having won the last six consecutive regional titles. But an asterisk follows next to its record.

"Marquette beat us pretty good, but we had a few starters out that game with the flu," Smith said. "Center Silvana Salazar didn't play at all, (point guard) D'Ari Robinson got very limited playing time and (shooting guard) Lanota Williams didn't play. So really, I didn't have any experienced guards in that game. Some of those kids were

still little sticky against Waterloo, but not as bad as the Marquette game."

Another encouraging sign for Madison was brought out of 1-1, while team scoring leader Tanisha Kullum went through a two-game shooting slump. Kullum, a 5-foot-7 junior guard who scored 27 points on Nov. 18 against Gateway Christian, had what Smith described as her worst game of the year against Marquette. Kullum is a transfer student from that school and may have been nervous against her former teammates.

"Kullum also fouled out of the game against Waterloo," Smith said. "She played alright that game, but she sat out most of the second half because of foul trouble. That shows we have a pretty balanced team if we play well. That's what we'd like to see, because we don't want any one player to carry too much of the load."

No other Madison player has had the one outstanding performance comparable to Kullum's Nov. 25 game against St. Louis Catholic Ritter. Kullum tallied 21 points, 10 steals and six assists that night.

Sophomore forward Jameica Wooster had 18 points against (See MADISON, Page 4B)



(Photo by MARK BONESBRAKE)

Go Granite — Granite City's Jessica Wallace, No. 5, pounds the ball past Edwardsville's No. 25, Jacque Woosley. The lady Warriors will play host to Riverview Gardens on Thursday.

Warriors rack up 123 wins

By Brian L. Jones
Correspondent

The Granite City Warriors have won 123 consecutive regular-season dual matches in prep wrestling since December 1993.

Bloomington, the last team to beat GCHS that year, very nearly ended the streak this past weekend. The Warriors (7-0) got their first close encounter of the season last Friday when they escaped with a 22-18 victory over visiting Edwardsburg.

The Warriors then traveled Saturday to Pekin High School for a quadangular meet featuring the host team, Morton and Bloomington. GCHS had a fairly easy time disposing of Pekin, 64-18, but had hard time with a 38-31 decision over Morton before clashing with pecky Bloomington.

Granite City's narrow 30-18 win over Edwardsburg to keep the streak alive came down to senior Nick Campbell's six-point forfeit victory in the heavyweight division. Campbell won the season's first three matches for failing to make weight, just did tip the scale Saturday at the 275-pound maximum.

"(Bloomington) had a sophomore kid who could have wrestled, but they didn't want to put him out there because they figured Nick would kill him anyway," said GCHS coach Mike Garland.

The Warriors had three total forfeit wins for 18 points against Bloomington, while adding two decision victories and one win by fall — from sophomore Brooks Narvaez at 160 pounds. GCHS had a competitive sequence of the match and the event setting made for an almost eerie case of "what you see is what you get."

"After the Pekin experience, our Metro East coaches should now be worried about Granite City's potential for another sectional title run." After the Pekin experience, we've got to keep sticking your nose in there. He went out and beat them out my front door," Bloomington (Craig Kaufman) by a 15-9 score. We don't win the team score if he doesn't keep his composure and win that match."

Garland cited numerous other such clutch examples during the four-match weekend, including the Edwardsburg dual.

"We had a freshman, George Kirgan, who not only got a big win for us against Edwards (See WARRIORS, Page 4B)

that make champions."

GCHS sophomore Paul Johnson, for example, made his career varsity debut in the 125-pound weight class at the Pekin Quad. He lost 12-1 to Pekin's Kelly Madden, who ranks among the top 10 in the state. Johnson lost by technical fall to Morton's Jerry Hayes, a defending state champion.

"Paulie Johnson hung right in there with both of those guys and he wasn't intimidated," Garland said. "He came up to me after those matches and said, 'I can't understand why I'm losing these guys.' I said, 'You're not losing against chumps,' I said.

"You've got to keep sticking your nose in there. He went out and beat them out my front door," Bloomington (Craig Kaufman) by a 15-9 score. We don't win the team score if he doesn't keep his composure and win that match."

Garland cited numerous other such clutch examples during the four-match weekend, including the Edwardsburg dual.

"Their defense was effective, but we didn't execute very well against them. We were never able to penetrate their zone and you have to penetrate the zone sometimes to even be effective against it. We just couldn't or wouldn't do that. I don't know which one it was."

A basket by Asbrook to start the fourth quarter was the last lead (15-14) the Kahoks would have.

The Warriors went on an 8-0 run on three buckets by Smith and one by Rob Turck to take a 21-14 lead.

Asbrook's basket cut the mark to 25-19 right before half.

The Kahoks got off to a quick start in the third quarter on back-to-back shots by Matt Parker and Asbrook to cut it to 25-23.

However, the Warriors jumped right back to open up a 32-23 lead. Kyle Brink's 3-point shot in the fourth quarter opened the door for the Kahoks to widen their lead.

"We had a freshman, George Kirgan, who not only got a big win for us against Edwards (See GRANITE, Page 4B)

18 points while teammate

(See GRANITE, Page 4B)

SPORTS

Cardinals Team of the WeekSponsored by
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TEAM OF THE WEEK — ALL PRODUCTS

The Independiente F.C. '83 boys soccer team took first place in the Gold Division of the Gateway East Heritage Classic Tournament, held Oct. 26-27 in Edwardsville. The team defeated Scott Gallagher of St. Louis, the Classics of Cincinnati, the Celtics of St. Louis, Gazelle TKO of Michigan and then the Brentwood Wolverines of Nashville, Tenn., for the title. Team members include (front row from left) Michael Thomas, Donnie Benson, Jamie Gavilsky, John Lusicic, Marc McClary, Steven Mandeville and (back row) Zach Woodside, Jeremiah Beckley, Kyle Kerkemeyer, David Luyster, Neil Loftus, David Jun, Kasey Smith, Rick Niedringhaus, Lee Zarzecki and Roger Gemoules. Standing with the team are coach Chris Digrimalo (left) and manager Alan Kerkemeyer.

IHSA committee may expand playoffs

Apparently, the Illinois High School Association football playoffs will be taking on a new look before too long. The IHSA football advisory committee recently met and has come up with two proposals: 1. expand the playoffs from the present six divisions to eight, with 32 teams in each class; and 2. keep the six classes but just add 64 teams in each class.

Of course, you can't have both. If you were expanding to eight classes, that would add another 64 teams to the playoffs or increase the number of teams making the playoffs from 128 to 192 or just under 50 percent of the schools playing football in Illinois. Increasing the number of teams in each of the six divisions from 32 to 64 obviously would double the number of teams making the playoffs to 384, or about 70 percent of the schools playing football in Illinois.

Some might say by adding two more divisions or by adding more teams in each of the six classes further water down the playoffs. Others would argue that football is the only sport in the state in which all the schools can qualify to the postseason. In one sense, however, all the teams are invited and are trying to qualify from the very first game of the season.

Illinois' system is far from perfect, but it's a far cry better than the systems which have been used in states like neighboring Missouri. There were years when undefeated teams in Missouri didn't qualify for its playoffs. That has been rectified with a less-than-perfect system of using the last three weeks of the regular season as district games to determine which teams advance to the playoffs.

In Illinois, a team advances to the playoffs if it is a



Bob Emig

conference champion or an individual team or any other team among the top 192 teams with the best records, usually at 6-3. Those who are determined to team like O'Fallon this year, for instance, which don't get in at 6-3, but for the most part, the teams which deserve to get in usually get in.

When the playoffs started in 1974, only five classes of teams each had 80 teams qualified for the playoffs. That represented only about 15 percent of the schools playing football in Illinois at the time.

In 1980, a sixth class was added, bringing the number of teams qualifying for the playoffs up to 96, still only about 16 percent of the football-playing schools in the state.

The big change came in 1985 when the number of teams qualifying for the playoffs was increased from 16 to 32 in each of the six classes, bringing the number of 192 teams, or about 33 percent of the football-playing schools in the state.

If either of the suggested proposals is accepted the number of teams qualifying for the playoffs would dramatically increase again.

Is more better? A lot of people think it is, because it would take the pressure off

tryouts for the football playoffs.

There's no doubt that conferences have been formed or disbanded because of the need to qualify for the football playoffs. Carbondale's dominance in football in the South Seven led to the reorganization of that league. The Tri-Valley Valley Conference will be on a new look next year when Wood River and Roxana move on to a new league. Waterloo has outgrown the Cahokia Conference.

Do you think all these changes would have taken place if there were no football playoffs or if all football-playing schools automatically would be allowed to play in the playoffs?

We're getting closer to all teams "qualifying" for the football playoffs.

It's not clear what the proposed changes would do for the football-playing schools in the state. The big change came in 1985 when the number of teams qualifying for the playoffs was increased from 16 to 32 in each of the six classes, bringing the number of 192 teams, or about 33 percent of the football-playing schools in the state.

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Local boys teams off to good start

Ron Colyer

Greetings! Time to empty the old notebook again. Let's see what we've got.

For starters, there have been few early season surprises on the prep basketball scene. All of our local boys teams have gotten off to decent starts and all have moved into the win column. It is always a relief for teams to get that first win.

Our six teams (I count Valmeyer), Grafton is the only undefeated squad at this early point. The Hawks have looked good in their first two games. Red Bud has played well, losing only at Okawville thus far. Columbia team last weekend. The Eagles have played well at times and have come back at times. But that is to be expected with three new starters.

Valmeyer and Dupo both had

a good tournament at Metro East Lutheran to open the season and Valmeyer won a nice game while defeating Lebanon last weekend. So all in all, it has been a good beginning for our teams.

Perhaps the most surprising team so far has been the lady Eagles of Columbia. Coach Dale Huwer's team got out of the blocks with a 5-0 record with the District Tournament, and had the best start in school history. 'Course Carlyle, the defending state champs, had to move to town and burst the bubble. This year, though, Carlyle was bursting bubbles all season. All the way to the state tournament.

Had a nice chat with former Olympian Olympic Virgin at the celebrity luncheon in Belleville, where Virgin, a Lebanon High School and University of Illinois alum, reminisced about his days as a high school runner and asked if I would like "one along to form a Columbia Eagles cross country coach Emilio "Mush" Bassi and former running rival Randy Halleran. So Craig says "Hi" guys.

Lookin' forward to seeing at Columbia High School when

Halleran and Virgin used to duel their cross country meets. One could always count on an exciting race.

Virgin still runs daily and looks as fit as he did as a USA Olympian. *****

A hearty congratulations to Curt Koop, who retires at week's end from the Park District. (Look for Pulitzer stock to take a hefty leap next week.)

Curt has had a distinguished career with the Park and has served numerous local organizations and individuals with printing needs.

In 1992 Koop was voted MVP of the Base Ball Writers Dinner by his group of friends who attended. He convinced those friends that he was, indeed, a great printer that year.

And despite setting a career record for wins, Curt has always been considered a most valuable client at several sporting establishments.

I will be interesting to note whether the new District will be able to maintain its reputation without Curt as an employee. Their loss is our gain. It will be nice to see him more often.

See you in the stands.

Kaho

By Brian Bret
Staff writer

Seniors Tom
dor and Rob
home Sandie
cham combine
earned at the
Tournament.

The senior
Kahoks (2-0)
finish in the
met. Class
Vandalia High
crown with 28
by second place
(228 1/2), O'
third followed
(161).

"We did pre-
first to play better
coach George
the same as
were fourth
Metamora. Then
we ended the
regionals tournament
of tied.

"A couple of
the flu and (Bruce) Kypert
so we lost points out of the
team. That kind
(Mark) Corra
well at the
162. That kind
getting that

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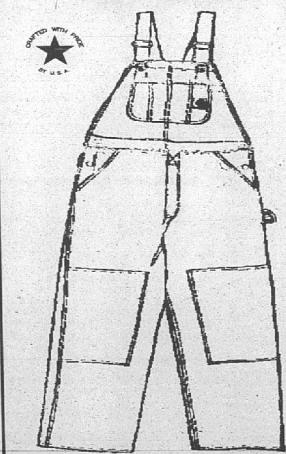
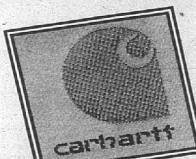
Two Belleville Area College soccer players have added to their postseason award collection.

Sophomores Mike Darnell and Chris Tragesser have been named to the 1996 All-Midwest-Division I Junior College Soccer Team, selected by the National Soccer Coaches Association. The duo led the Dutchmen to a 10-9 season record and a berth in the regional finals.

Darnell, a forward from Collinsville, was named to the first team. He set the BAC school record for most goals in a season with 20, and was a mid-fielder from Belleville, was named to the honorable mention team. Both players previously had earned all-region honors.

BAC soccer coach Larry Petri said Darnell and Tragesser provided much of the Dutchmen's offensive power throughout the season. "They were the two leading scorers on our team," Petri said.

responsible for most goals in a season with 20, Tragesser, a mid-fielder from Belleville, was named to the honorable mention team.

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Kahoks take 4th in Civic Memorial

By Brian Bretsch
Staff writer

Seniors Tony "Osty" Ostendorf and Rob Berger came home Saturday evening with championship medals they earned at the Civic Memorial Tournament.

The senior duo led the Kahoks (2-0) to a fourth-place finish in the 12-team tournament. Class A powerhouse Vandals High won the title crown with 286 points followed by second place Civic Memorial (228½), O'Fallon (190) was third followed by the Kahoks (161).

"We did pretty good for our first tournament and are going to get better," CHS wrestler coach George Portz said. "It is the same as last year. We were fourth in the (Civic Memorial) Tournament and then we ended up second at the regionals. For the first tournament overall they wrestled pretty well."

"A couple of our kids had the flu and were sick (Bruce) Kryta and Daryl Hall so we lost some very many points out of those weight classes. That kind of hurt us. (Mark) Corradini didn't wrestle well at the tournament at 152. That kind of kept us from getting that trophy."

Ostendorf, wrestling in the 127-pound weight class, won three of his matches by pinning his opponent. Ostendorf has now won his first five matches of the year via the pin fall. Kyle is the CHS record holder with 28 pins in one season (1981-82 season).

"He really dominated the tournament just about as good as any champion," Portz said. "He had three pins and one technical throughout easily. Osty is one of the best heavy weights in the Southern Illinois area. He started proving that Saturday."

Berger's win in the semifinal round will go down as one of the most memorable victories given him 50 in his青年 career at CHS. Berger went onto to grab his 51st career win in capturing the championship.

Senior Nick DeSalle ended up with a second-place finish at 135 pounds. DeSalle had his hands full facing Nathan Grometz from Vandals, who is the No. 3 rated Class A wrestler in the state.

"(Nick) kind of got robbed in the end," Portz said. "He had a reversal right at the buzzer. It showed on tape that he had control of the guy and the (ref) gave him one point instead of two, which tied it up."

"(Nick) kind of got robbed in the end," Portz said. "He had a reversal right at the buzzer. It showed on tape that he had control of the guy and the (ref) gave him one point instead of two, which tied it up."

He should have won it there. He eventually lost in overtime. The referee looked at the tape over after the match and said he blew the call."

"Really, out of all the wrestlers I've wrestled, he's better than anybody. Even though he took second, he wrestled the third rated wrestler in single A in the state of Illinois, which is still very good."

Sophomore Marc Justice (129) and Kenny Lutz (145) and junior Jason Dudley (145) also finished third in their respective weight classes.

Freshman Matt Allison finished in fifth place at 103 pounds. Kryta, a junior, was sixth at 119 pounds.

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By Brian Bretsch
Staff writer

It will just be a matter of time before bumper stickers start popping up in the CHS parking lot reading, "Give CHS hockey a chance."

Why do you ask?

CHS now has a club hockey team.

The first-year program is participating in the Mississippi Valley Club Hockey Association, which is in its second year of existence.

They have opened their season with a 6-1 victory over O'Fallon, Nov. 30.

With the growing interest in inline skating (rollerblading) and the addition of more National Hockey League games being broadcast by the likes of the Fox network and ESPN2, the spirit of hockey is enjoying a boom in popularity.

Locally, Collinsville resident Kent Richardson has watched this sport grow in popularity. He put his eye on the MVCHA last year when six high schools joined the program being brand new and not knowing exactly what we were getting into as far as cost of equipment and how that would go. We didn't want to take on more

and he went about preparing to start a club team for CHS. It is a club team, not a varsity team. Hockey is not a sanctioned sport by the Illinois High School Association.

"We had 26 kids tryout and we have got a squad of 20," Richardson said. "We had to cut six, which is unfortunate that we had to cut people, but we had a good situation. I had five goalies tryout and they were all pretty evenly matched. I had to cut three decent goalies."

Richardson had to drop to three decent goalies. We have some young guys, one sophomore and one freshman. With (goalie) Matt Eversmann being a senior there is a chance that we can find some guys to make the team and I expect they will have a shot at it because they were just that good."

That's just one thing you can do to succeed, you don't need four or five goalies on a team.

"Next I hope if we get more kids trying out that we will also be able to have a Jayvee team. This year with the program being brand new and not knowing exactly what we were getting into as far as cost of equipment and how that would go. We didn't want to take on more

than just having a varsity team. With the numbers we had trying out we really just didn't have enough for two teams."

The Kahoks have a good mix of players on the team. There are six seniors, four juniors, seven sophomores and three freshmen. Ten of the members have played in the Granite City Steelers program. Brandon Murphy has played in Cahokia.

"Another thing that is helping our team is that those some of these guys who haven't played Steelers hockey, most of them have played roller hockey," Richardson said. "I think though they are new to a few things in ice hockey, a lot of it is still the same. Their roller experience is going to help."

Goaltenders for the Kahoks are senior Eversmann and sophomore Brian Doyle. Forwards include junior Brian Maynard, Kevin Karp, Chris Dolce, Anthony Tarr, seniors Jake Glauher and Ryan Kee, freshmen Matt Gibson and Ethan Mueller, and sophomores Kenneth Reed, Ryan Nelson, Ronnie Castelli and Keith Armon.

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P195/70R14	45	51	59
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P195/75R14	62	64	64
P195/70R14	108	116	116
P205/70R14	66	70	70
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P205/70R15	71	75	75
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LT245/75R16/10	—	120	129
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Winter hitting, pitching camps to be at BAC campus

FCA Sports Camps and Belleville Area College coach Neil Viala will hold winter hitting and pitching camps at the BAC campus, 2500 Carlyle

Road. Sessions are available at 9 a.m. and 1 p.m. on Dec. 26-28 and 5:30 p.m. on Jan. 5-7. Hitting camps are \$65 per session

and pitching camps are \$45. For a registration sheet, call 235-2700, extension 371 during the day or (314) 487-2788 in the evening.

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•Warriors

(Continued from Page 1B)

vile, he got a big pin," Garland said. "We had a pin in the middle of the match. Kevin Venne won it, and Nick Campbell got an emotional win. He's been waiting in the wings for the last three years but was probably Granite's greatest heavyweight ever (Chris Janek)."

Warriors sophomore Ryan Worthen went 2-1 in three matches at the end of the year, but his courage meant far more to Garland than his victories.

"People don't realize Ryan Worthen had his knee two days before that (Edwardsville) match and could have just sat out," Garland said.

"He hung in there against a mature, experienced

senior and barely lost in overtime. That was his first loss all year. I had Justice Hill there to do his pins at striking, but Brooks came right back and wrestled and won all of his next three matches. These are some great young kids we've got on the team."

Freshman Gary Oxford (102)

and junior John Kelly (125)

have paced the Warriors all season with perfect 7-0 records.

Campbell is 4-0 and junior

Myke Glover is 2-2 since

rejoining the lineup at 119

and 125 pounds. Eric Gibson

was both 2-1 at the quad meet.

Junior Matt Werner has held

his ground at 130.

A big hat off to the freshman, Gary Oxford at 103,"

Garland said. "He's wrestled

112 in three of the seven

matches that he's had weight-

ing 103 pounds. He's one of

the leadoff man that's very versa-

tile. And guys like Ryan Wor-

then, Kevin Venne, George Kirwan and Paul Johnson are

also the reason we're winning.

It's the young kids who are

coming through."

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NEWS

CDC finds no evidence of polio in U.S.

The Centers for Disease Control and Prevention reported that polio remains a stranger in the United States.

The CDC surveyed unvaccinated religious communities in seven states after reports of polio among similar groups in Canada and the Netherlands in 1992 and 1993.

The surveys were conducted in 1993 in Iowa, Missouri, New York, Ohio, Pennsylvania, Washington and Wisconsin, but no cases were found.

The last native case of polio occurred in 1979. International health officials declared polio virtually eradicated in the world in 1988.

Polio can be prevented by vaccination. All children and previously unvaccinated adults should receive at least three doses of vaccine for protection.

CDC officials warn that the 1993 Canadian outbreak heralds polio's possible return to the United States through community members who practice on religious principles.

To prevent any future outbreaks from spreading to the general public, the CDC wants

The surveys were conducted in 1993 in Iowa, Missouri, New York, Ohio, Pennsylvania, Washington and Wisconsin, but no cases were found.

to increase the number of those vaccinated to 90 percent.

—Associated Press



Laura Flinn Baechtel, formerly of Granite City, wins title of Miss Hawaiian Tropic in Fontana, Calif.

Belle from Granite City wins beauty title

Laura Flinn Baechtel of Fontana, Calif., formerly of Granite City, has been chosen Miss Hawaiian Tropic, Fontana, Calif.

She will represent her area in the 1996 Miss Hawaiian Tropic United States finals to be held at the Turtle Bay Hil-

ton in Oahu, Hawaii. Celebrity judges for the event will be Carol Arnold, Patricia Heastie, Rhonda Shear, and Olympic Gold Medalist Kent Steffes. Ron Rice, founder of Hawaiian Tropic, will be hosting the event.

Choose contractor carefully

After planning many thumb nail sketches and juggling your finances, you've decided to go ahead with what home remodeling project you've been considering. What comes next?

The next best step is finding the right professionals for your remodeling needs. Start by finding a comfortable working relationship with whomever you choose.

When choosing a professional remodeling contractor, it's important to do your homework. Check the experience, credentials and references of the candidates, according to J. Duncan Brock, president, National Association of Remodeling Industry (NARI).

For homeowners who are planning to remodel their home, NARI offers a free brochure titled, "Select a Professional Remodeling Contractor." The brochure provides tips on selecting and working with a professional contractor. Topics covered include planning basics, complying with local building codes, contractual agreements and financing.

Since a home is a large investment worth protecting, thoughtful planning is the first thing you should do when considering a remodeling project. Look over your home and property carefully to decide what improvements you want to make. This will help you determine your needs in the next few years, especially if you have young children or may have elderly parents coming to live with you. Professional remodelers can help you draw up a remodeling plan by outlining options and discussing the improvements you can make within your budget.

The size and complexity of your remodeling budget will dictate the type of professionals you need to involve—from architects to engineers to remodeling contractors.

For larger remodeling projects, such as large additions or rearranging existing space, you probably will need the services of an architect. Such projects require construction drawings, which architects draft and provide, to help the contractor determine his budget and obtain permits.

Some remodeling firms, known as design/build companies, have architects, engineers and contractors all under one roof. You can see your project through from first designs to completion. If your home improvement project is less extensive, it easily can be handled by an experienced contractor whose knowledge has been gained through years of practical field work.

Check to see if the remodeling contractor you're considering is bonded and insured. Also make sure they are currently licensed and in good standing with all state requirements.

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Area judges make final selections based on recommendations from all entries. Decisions on the selection process are final. Only 25 honorees will be chosen. Official entry form can be extended for written explanation. There can be more than one selection in one category. Nominations received after January 31, 1997 cannot be considered.

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U.S.'s industrial age is not beyond having straw houses

Human ingenuity has fashioned shelter out of any materials at hand, including grass and straw.

You might think that the industrial age is beyond straw. But since the 1980s, a handful of people, primarily in the southwest, have been building houses whose walls are made out of straw bales, usually covered with a layer of plaster.

There are approximately 150 new straw-bale houses in the United States and elsewhere, says Athena Swentzel Steen and Bill Steen, co-authors with David Bergman of "The Straw House" (Chelsea Green, \$30).

Also surviving are some houses from the 19th and early 20th centuries, where thatching techniques was fairly common on the prairies of the Great Plains and not unknown in other parts of the country.

For the uninitiated, straw bales are oversize "bricks" of straw bound by a mechanical baler with wire. They come in various sizes and dimensions, but typically weigh about 50

pounds each.

The Steens and their co-authors all active in environmental building techniques and save-the-environment movements, say that these byproducts of grass farming and a rural life have a great deal to offer a modern high-tech society.

For one thing, straw bales provide excellent insulation value for a relatively low cost. For another, they are a readily renewable resource.

"You are using a waste product that otherwise has to be buried, which causes pollution and health hazards, and you aren't cutting down trees," says Athena. "Furthermore, the building techniques takes no special tools and can be learned by anyone who has ever played with Lego blocks. And these houses can be put up in virtually any climate."

The couple have built their own straw-bale guest house at their home in Canelo, Ariz. They like others who took up the technique in the 1980s, were after low-cost shelter and a self-sufficient way of life.

These days, however, there are also straw-bale houses designed by architects and built by contractors. They are going up in Santa Fe and Seattle and in localities in Arizona, California and Colorado.

What makes a difference about a straw-bale house is its walls.

The floors, roof, electricity, and plumbing are the same as in houses of other materials. To conform to national building codes, modern straw-bale houses usually have a structural support system of wood, metal, concrete blocks or cement.

"They are most economical when there is a handy supply of straw bales," says Bill Steen.

The weak link is moisture. If water is allowed to penetrate the interior of the bales, they will rot from the inside out. It is essential to protect them from direct contact with water, especially from water entering at ground level. But with proper precautions, straw-bale houses can be built in hot, humid areas. One structure

erected in Huntsville, Ala., in the 1930s is still standing in good condition.

Other concerns include the fear of fire, insects and allergies.

"The bales are so compressed and compacted that there hasn't been fire, the edges have charred but the whole house has not burned.

"During construction, people with allergies should wear goggles and dust masks. But once the walls are sealed, any allergens are contained in the straw can't get out."

What do building officials think?

"You get raised eyebrows from local building officials

who aren't familiar with straw-bale houses," says Bill Steen. "But I don't know of anyone who has been turned away after educating the officials."

The state of New Mexico has been issuing experimental building permits for this type of construction, which means that the building inspector will monitor the construction more closely. New Mexico, Tucson, and El Paso County, Arizona, and currently developing standards that would allow straw bales as a permitted nonstructural building material.

The use of straw in forms other than bales is also under way. Experimental products include panel boards that can be cut and screwed like wood composition board and trusses.

"For me, it's not the straw that matters," says Athena Steen. "It's creating a building with sensitivity which is part of a much bigger picture."

"The Straw Bale House" introduces readers to the theory and practice of straw-bale structures. The Steens conduct weekend workshops on this method of construction, or weekly workshops on March 4-5 and May 6-7. For information, contact Bill Steen, The Canelo Project, HC 1 Box 324, Elgin, Ariz. 85611.

— Associated Press

Errors may be nixed when building with composite sidings

Wood composite siding and other wood-based siding materials have been used extensively in residential construction throughout the United States for decades. Wood products represent affordable cladding material that has allowed the products to compete with reach of many market segments. When these products are properly installed and finished by a qualified builder or installer, and receive normal homeowner maintenance, they will perform as designed and look great for many years.

Many reported problems concerning wood-based sidings are not caused by the product itself, but can be traced to errors of wood-based siding application and/or installation. Builders and installers can prevent costly call backs, homeowner complaints and wasted time.

Builders and siding installers can avoid these errors by following manufacturer's installation guidelines and paying special attention to these areas:

1. Flashing — Properly installing simple metal flashing over windows, doors and other horizontal surfaces prevents water from penetrating the exterior wall of the home.

2. Caulking — All gaps around doors, windows and other wall openings should be filled with long-life caulk as barrier against water entry.

3. Painting — Two coats of high quality, low- or no-chalking acrylic latex paint will protect the siding from the weather. It is particularly important that paint is properly applied to the bottom edge as well as the face of the siding.

4. Wall Detail — A two-inch clearance should be left between the roof and siding where the roof abuts a vertical wall and a gas shingle be flashed to divert rain water.

5. Concrete Contact — An air space or vapor retardant membrane must be kept between wood-based composite siding and masonry to prevent deterioration of the siding. Siding must not come in direct contact with masonry.




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The use of straw in forms other than bales is also under way. Experimental products include panel boards that can be cut and screwed like wood composition board and trusses.

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— Associated Press

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NEWS

Scholarships available to students

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and trusses
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construction on this
topic on March 4-5
or information,
the Canelo
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ernment.

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only for students with good
grades, low family incomes,
or the athletically inclined.

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ships, Scholarships and "C"
Students, Veteran Children's
Scholarships, Scholarships for
Ministers and much, much
more.

Many scholarships pay the
entire tuition; otherwise, stu-
dents combine applicable
scholarships to form
one large tuition payment.
Most scholarships include
junior colleges, career and

vocational schools, 4 year col-
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cal and law schools.

For information on obtaining
scholarship lists, mail a self-
addressed, stamped #10
envelope to: The U.S. Commis-
sion for Scholastic Assistance,
P.O. Box 668, O'Fallon, IL
62269.

**Association for HEC
holds meeting Nov. 7**

The Southwest District meet-
ing of the Illinois Association
of H.E.C. was held at Hope
Lutheran Church on Nov. 7.
The Southwest District consists
of Trio Unit, Creative Women
Unit and Granite City Unit.
Those in attendance from
Granite City Unit were Mary
Thebeau, Mary Evelyn Yen-
cho, La Nell Lessig, Florence
Stokes, Shirley Hause, Helen
Miller, Vincenza Zerlan,
Mary Radick, Ann Konopka
and Betty Weston.

Donald C. Rikli, attorney
and consultant at law, Hill-
land, was the guest speaker.
He gave a very informative
speech on "Living Trust, Pow-
er of Attorney for Health Care
Joint Powers of Attorney, Prop-
erty Rights" and responsibilities
of patients in extended care
centers and living wills.

The meeting was then
opened by District President
Gloria Haerer with a pledge to
the flag.

The May District meeting
will be hosted by the Granite
City unit.

June Class of 1951: Front row left to right: Mary Strunk Balke, Joy Corzine Hunt, Arlene Kowalewicz Haldeman, Sue Weston Champion, Marcia Rittenhouse Buenger, Norma Faye Edwards Born, Corinne Flader Stephenson, Janet Hillier Harris, Sara Kester Dutko, Florence Loyet Moore, Jo Gayle Tayloe Belt, Barbara Heath Thomas, Charlene Biggs Hale, Pat Mahon Kent, Florence Robinson Finazzo, Joyce Argelan Mitchell, Wanda Stephens MacDonough, Beverlee Cochrane Vallier.

Middle row left to right: George Willaredt, Ruby Wagoner, Fred Haldeman, Pat Pfoender Monsees, Mary Elizabeth Rice Harris, JoAnn Overbeck Spurgeon, Babe Champion, Benjamin Hickman, Sarena White Gardner, Don McAlister, Barbara Rogers Pittman, Don Maylath, Betty Wyman Schillinger, Jim Morgan, Eleanor Papp Petrick, Betty Stoecklin Bailey, Mr. Victor Anderson (class dean), AlCavins, Wayne Pashe, Elsie Kinger Garret, Max Merz, Kenneth Davis, Don Harshbarger, Charles Polach, Bob Walkenbach, Kenneth Patterson, Charley Cross, Mary Jane Reed Brannam, Fred Frame, Ewing Andrews, Ray Lake, Christine Mosey Cashen.

Back row left to right: John Krueger, Earl Buenger, Don Harmon.



January Class of 1951: Seated left to right: Evelyn Parish Cross, Juanita Mount Spray, Betty Conneaut Christmann, Faye Hawkins Chilcutt, Juanita Davis James, Helen Daigger Crabtree, Hattie Keel Beauchamp, Mildred Albers Schubert, Ollie Harrison Derr, Helen Buckler Rehagen. Standing left to right: Jacqueline Lynn Rainwater, Harvey Peters, Charlotte Hazelwood Miller, Daniel Churovich, Robert Cashen, Ruth Revak Tedesco, Donald Cavins, David Droege, Robert Benda, James Sexton, Dorothy Spickett Sexton, James Cox, Lloyd Wilson, Edward McGovern.

**GCHS celebrates
'51 class reunion
at dinner-dance**

A dinner-dance and 45-year
reunion of Granite City High
School, January and June clas-
ses, was held Aug. 10, 1996, at
Sunset Hills Country Club.
Special guests were Mr. and
Mrs. Victor Anderson.
Anderson was a class dean
for the June class.

Ed May, Jr., January class
president, and Conrad "Babe" Champion of the June class
shared Master of Ceremony
duties.

Music was provided by Jay
Christopher.

Some members also enjoyed
a picnic on Sunday with des-
serts being provided by the
reunion committee.

Periodically, the committee
will be working toward the
50th reunion to be held in 2001.
Any change in address or
suggestions should be made to
Charles or Evelyn Cross,
876-6776.

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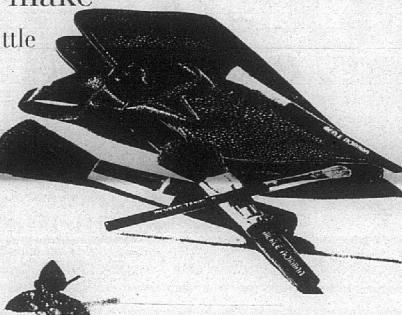
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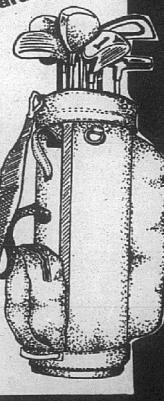
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PICK-UP



Job fair — Pinkerton representative Karen Beasley of O'Fallon discusses career opportunities with Ken Ealey of Granite City during Belleville Area College's Job Fair '96, recently held at the college's Granite City campus. Nearly 70 regional employers were on hand for this annual event sponsored by BAC's Career Placement Center.

Faculty member expands minority awareness

One in 20 Americans will visit a chiropractor during the course of a year. Most chiropractic practices, however, do not attract many black patients, and few African-Americans have become chiropractors.

Dr. Doris Bell, Director of Multi-Cultural Affairs at Logan College of Chiropractic in Chesterfield, wants African-Americans and other minorities to become better acquainted with chiropractic.

In addition, Dr. Bell has initiated for the Louis P. Bier School's Career Education Office to bring groups of students to visit the Logan campus, where they attend presentations in Logan's anatomy prosecution amphitheater, take

campus tours and learn about chiropractic.

Dr. Bell also is Logan College's liaison with Pro Sports Counseling, a drug-awareness organization based in St. Louis and she plans to speak to adult groups about the chiropractic profession as well.

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Dr. Bell graduated from Logan College in 1977, and then practiced chiropractic in University City, Mo., before joining the Logan faculty in 1981, directing a College clinic which serves Logan students and their families. She held that position until she became Logan's Director of Multi-Cultural Affairs in 1992.

Dr. Bell's colleagues have responded well to her as an African-American and a woman, she said. "I have experienced no problems with my peers. Also, my practice in University City was racially mixed, and the response from my patients was very positive."

Hoping to expand knowledge of her profession within the

community, Dr. Bell speaks to young people on motivational issues, and also discusses chiropractic. She is active in a group affiliated with the Martin Lewis Dickey Boys Club, and she plans to speak to adult groups about the chiropractic profession as well.

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Hoping to expand knowledge of her profession within the

Low back relief is near — really

A number of medicines and other treatments help with low back symptoms. The good news is that most people start feeling better soon.

Proven Treatments

Medicine often helps relieve low back symptoms. The type of medicine that your health care provider prescribes depends on your symptoms and how uncomfortable you are.

If your symptoms are mild to moderate you may get the relief you need from an over-the-counter (nonprescription) medicine such as acetaminophen, aspirin or ibuprofen. These medicines usually have fewer side effects than prescription medicines and are less expensive.

If your symptoms are

severe, your health care provider may recommend a prescription medicine.

For most people, medicine works well to control pain and discomfort. But any medicine can have side effects. For example, some people cannot take aspirin or ibuprofen because it causes heartburn, stomach irritation and even ulcers.

Many medicines prescribed for low back pain can make people feel drowsy. These medicines should not be taken if you need to drive or use heavy equipment. Talk to your health care provider about the benefits and risks of any medicine recommended.

If you develop side effects (such as nausea, vomiting, rash, dizziness), stop taking the medicine and tell your health care provider right away.

Your health care provider may recommend one or more of the following to be used alone or along with medicine to help relieve your symptoms.

Heat or cold

Within the first 48 hours after your back symptoms start, you may want to apply a cold pack (or a bag of ice) to the painful area for five to 10 minutes at a time. If you wait longer than 48 hours, you may find that a heating pad or hot shower or bath helps relieve your symptoms.

Physical manipulation

This treatment (using the hands to apply force to the back to "adjust" the spine) can be helpful for some people in the first month of low back symptoms.

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Horoscope

Wednesday, Dec. 11
The moon enters sobering Capricorn this morning, grounding an otherwise changeable moon. Today, you may be surprised to find yourself reacting in a calm and

decisive manner to situations that would have ruffled your feathers in the past. Don't worry — there's no need to be alarmed by your seemingly unemotional demeanor. Instead, tackle an issue you

usually avoid — now's the time to do it.

ARIES (March 21-April 19) You are tempted to make abrupt changes, but hold out a little longer. Employers explode in temper tantrums

and then reward you for your patience. Submit proposals now. Ask a Gemini or Leo to a social event.

TAURUS (April 20-May 20) Lighten your workload by concentrating on finishing tasks at a time. Stop sacrificing your efforts. Marriage partners get raises. You move into a new social circle with help from a Sagittarius or Libra.

GEMINI (May 21-June 21) Splendid results come from aggressive action. A new romance convinces long-time love to get serious. Impulse purchases are good investments. Stand firm on your convictions when they are challenged.

CANCER (June 22-July 22) Another's motives are transparent. Step children need special guidance. Spontaneous travel decisions are fortunate. Be careful not to overindulge in food or drink. Your body is extremely sensitive now.

LEO (July 23-Aug. 22) Extricate yourself from emotionally draining relationships. Discipline is essential if you want to succeed in freelance work. Money is linked to a relative. Your lover needs to be told exactly how you feel.

TODAY'S BIRTHDAY (Dec. 11) Enjoy the surge of energy this month. You have great



Joyce Jillson

Your personal horoscope, call
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advice.

SCORPIO (Oct. 24-Nov. 21) Emotional liaisons of a short duration take on more importance than you imagined. Colleagues help you with personal finances. Give a gift. Pisces or Libra find a chance to see the real you.

SAGITTARIUS (Nov. 22-Dec. 21) Show a family member affection. He or she is in great need of it. Do not hide enthusiasm for a new position at work. Bosses respond to your energy. Look for substance in romance, not glamour.

CAPRICORN (Dec. 22-Jan. 19) Rearrange business meetings so you can see more of your love. Show no to pushy people. Accept apologies graciously. Let go of bitter feelings toward a friend. He or she already

AQUARIUS (Jan. 20-Feb. 18) Your personal dignity is at stake in a simple dispute. Do not compromise your integrity. Dazzling achievements put you in the spotlight, but they also put you under scrutiny. Love surprises you.

PISCES (Feb. 19-March 20) Penetrating questions are unavoidable, but necessary answers. Renew associations with former employers. Extend invitations to long-lost friends.

Traditionally, this is the season to be jolly --- but...

The holiday season, for most people, is a time of celebration and cheer; a time to share with family and friends. But for others, there may not be anything jolly about the winter months. A surprising number of people become stressed and depressed.

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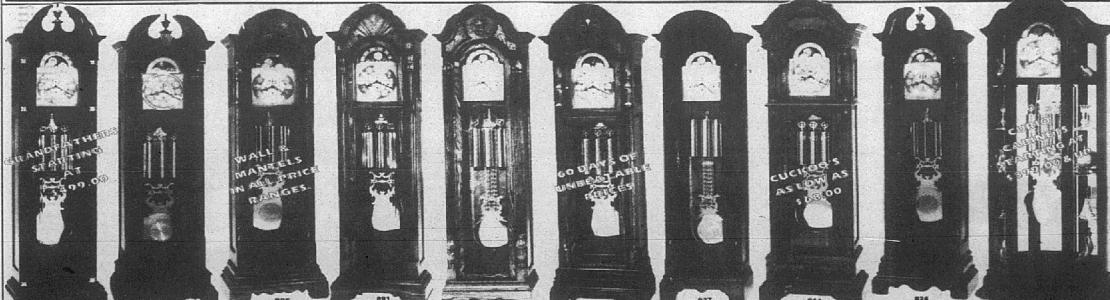
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Don't buy too late

Even those of us who start out early with the best intentions somehow wind up searching frantically for last-minute presents at 6 p.m. on Dec. 24 and buying anything that can be wrapped up and given away.

And that usually takes all the pleasure out of giving. Although buying and searching presents for loved ones should be among the happiest moments of the holiday season, indecision, bad weather, lines of crowded or hurried shoppers can get you down.

So what's the best way to keep from getting frazzled during the holidays? A few simple gift shopping tips should help keep your spirits up.

One common mistake Christians make shopping for gifts is to focus too much on the spiritual interests and hobbies of the person for whom the gift is intended.

Rest assured, your friend, the cat lover, will have plenty of kitty calendars and posters and probably prefers to select her own anyway.

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ENTERTAINMENT

The holidays inspire many films, TV showsBy Kevin Carberry
Staff writer

Some folks like old movies and some are fond of animated television programs, but it's not difficult to get people to tell you about their top shows of the holiday sea-

son.

My preference is "A Christmas Carol," the 1938 film version. I know that many people swear by the 1951 version, which stars Alistair Sim and is interesting. I get bigger kick out of the earlier film with Reginald Owen as Scrooge. There is also a 1984 television production with

George C. Scott playing Ebenezer. That is another good one. I'm not sure about it, but if I ever had the chance to play one part, it would be as the Ghost of Christmas Present in "A Christmas Carol."

Another outstanding film for the season is "A Christmas Story," a light-hearted movie about a boy wanting nothing more than a Red Ryder BB gun for Christmas. It's a tale with a classic visit to Santa Claus among its high points.

"National Lampoon's Christ-

mas Vacation" also packs many laughs in a story about the holidays.

"It's a Wonderful Life" is a great movie of the season about appreciating what you have. George Bailey goes through a lot, but ultimately finds out life isn't so bad after all.

The 1947 version of "Miracle on 34th Street" is also a must-see of the holiday time. It has the right blend of humor and warmth to get you in the

Christmas spirit. It's the top choice of my nieces and nephews.

As far as television shows, I lean to "Dr. Seuss' How the Grinch Stole Christmas." The Grinch is as crusty as Scrooge, but turns his life around due to the goodness of the people of Whoville, rather than because of a visit from ghosts.

A Charlie Brown Christmas seems to be mentioned.

Poor Charlie brings back a dinky Christmas tree to a group, but of course, it all works out in the end.

"Frosty the Snowman" and

"Frosty the Snowman" are other traditional viewings during the season to remember.

The Little Drummer Boy, finally, but haven't seen it aired in a long time.

This week's trivia is on movies and shows of the holiday season.

1. In "Frosty the Snowman," what is the name of the little girl who travels north with Frosty?

2. What is the name of the wambe in "It's a Wonderful Life"?

3. The song "White Christ-

mas" was originally performed

by Bing Crosby in what film? The Burlap Bagman, the villain in what ani-

mated television special?

5. Which actress stars in the 1945 version of "Christmas in Connecticut"?

6. What is the name of the 1988 comedic version of "A Christmas Carol"?

7. Which actor narrates "Dr. Seuss' How the Grinch Stole Christmas"?

8. Which character wins the home holiday decorations con-

test in "A Charlie Brown Christ-

mas"?

9. Who plays Santa Claus in the 1947 "Miracle on 34th Street"?

10. Which performer narrates "Rudolph the Red-Nosed Reindeer"?

ANSWERS: 1. Karen, 2.

Clarence, 3. "How the Grinch Stole Christmas," 4. "Snow Claws Come to Town," 5. Barbara Stanwyck, 6. "Scrooged,"

which stars Bill Murray, 7.

Boris Karloff, 8. Snoopy, 9.

Edmund Gwenn, 10. Fred Astaire.

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Logan alumni leaders stress care of athletes

In recent years, many amateur and professional athletes have begun utilizing chiropractic for the prevention and care of injuries.

The growth of interest in chiropractic among athletes has paralleled the growth of a number of organizations of chiropractic sports injury specialists. After its 1972 founding, the American Chiropractic Association Council on Sports Injuries and Physical Trauma experienced 15 years of modest growth, but has exploded recently to a robust 1,700.

Members of the Logan College of Chiropractic in Westerville have led the ACA Sports Council in recent years, making significant contributions to its rapid growth.

Dr. John Danchik of Belmont, Mass., served as Council President in 1989-90; Dr. Toni Hyde of North Miami, Fla., succeeded him in 1990, serving until 1992, when Dr. Robin Hunter of Columbus, Ohio, became the first woman President of the Council.

Last May, Dr. Hyde became executive director of the council. "The Sports Council is providing a tremendous volume of service," says Dr. Hyde. "Chiropractic sports injury specialists with the Sports Council care for people who place a wide range of demands on their bodies, from professional golfers to amateur dancers to Ironman triathletes."

The list of competitions served by Sports Council doctors is growing rapidly. In 1991, the council covered about 800 events.

"Last year, our doctors provided chiropractic care at more than 3,000 events across the U.S.," says Dr. Hyde. "We provided on-site services at 70 rodeos, in conjunction with the Wrangler 'Sports Chiropractic' program; at more than

100 racquetball events; at dozens of 10-km. and 5-km. runs and marathons; and at competitive sailing, golf, tennis, in-line skating, motorcycling, snow skiing, bicycling, weight-lifting and aerobic dancing."

Members of the ACA Sports Council work through committees to work at events through an extensive communications network. The council has individual sport coordinators who receive yearly schedules of events from the council. New listings are added as inquiries from event organizers are received.

In the St. Louis area, chiropractic physicians working with the ACA Sports Council network provide services at the Pro Volleyball Tournament at Union Station last summer, and Dr. Davis worked at the wrestling tournament," says Dr. Droege.

A 1991 graduate of Logan College, Dr. Droege played pro baseball for the Chicago Cubs as a young pitcher.

"In addition to working at events, Drs. Davis, Farotto and I provide services to many individual amateur and professional athletes—we've provided care for athletes from every pro sports team based in St. Louis."

"We also serve as the team physicians for all sports at Maplewood High School."

In addition to Dr. Droege, Dr. Droege lists other St. Louis area chiropractors who are active with the ACA Sports

Council:
Drs. Loretta Hough, Gary Jameson, Bill Russell, Michael Taylor, Peggy O'Connor, Joseph Unger and Cindy Simpson.

The doctors provide care for athletes participating in a variety of sports; Dr. Russell also works with many dancers and actors.

"The Sports Council provides information that really helps us stay current and competitive in an efficient way," said Dr. Simpson. She practices in south St. Louis, where she treats a number of body builders.

The ACA Sports Council also administers advanced credentialing of doctors of chiropractic specializing in sports injury care.

In addition to his work with the Sports Council and his practice, Dr. Hyde serves on the advisory board of the American Chiropractic Sports Committee. The committee's goal is to expand the availability of chiropractic care to athletes at the 1996 Olympic Games in Atlanta.

With the Olympic Games, and at hundreds of other competitions, demand for chiropractic care of athletes will continue to flourish, Dr. Hyde believes. And he's determined that the ACA Sports Council will be prepared to meet the growing demand.

Among its other services, the Sports Council fields requests for referrals of chiropractic providers to state government recruiting providers. Dr. Hyde adds that the Sports Council has begun several research projects, and it will be increasing its research in chiropractic sports injury care in the future.

Study validates chiropractic treatment of low back pain

A landmark federal study validating spinal manipulation as an effective drug-free initial treatment for low back problems in adults should "throw open the doors of managed health care plans to chiropractic," according to the head of the world's largest organization of chiropractors.

Dr. Lowry Morton, chairman of the Board of the American Chiropractic Association (ACA), added that findings in the just-released federal study on low back pain are followed, the "end result will be significant savings to the nation's overall health care system."

"The policy implications are clear," Morton said. "Managed care plans should include chiropractic spinal manipulation and, where feasible, allow direct access to doctors of chiropractic."

Currently, many managed health care plans do not include chiropractic services, or force patients to first visit a "medical gatekeeper" prior to obtaining chiropractic treatment.

The new study, conducted by the Agency for Health Care Policy and Research (AHCPR) of the U.S. Department of Health and Human Services, concludes that spinal manipulation is a recommended and effective form of initial treatment for acute low back problems in adults—the most common health complaint experienced by working Americans today and a condition which cost the economy at least \$50 billion a year in lost wages and productivity.

"This study validates a form of treatment doctors of chiropractic have been performing for nearly a century," said Morton. "Spinal manipulation is effective; it gets low back

patients on their feet and back to work faster than any other form of care. That's why it would be a poor decision for managed care plans not to allow enrollees direct access to doctors of chiropractic who are uniquely trained and experienced in providing spinal manipulation."

According to a 1994 Harris poll, patients are more satisfied with chiropractic treatment for back problems than with any other form of care.

"With AHCP's recognition that spinal manipulation provides effective relief from low back pain, the concern that unlicensed or unqualified persons might be led to believe that they can use it with the same effectiveness as chiropractors," Morton warned.

"Spinal manipulation is as much an art as it is a science, and doctors of chiropractic are the experts at this unique treatment."

The 23-member AHCP panel concluded, among other things:

• Spinal manipulation is a recommended treatment for acute low back problems in adults; conservative treatment such as manipulation should be pursued, in most cases, before surgical interventions are considered;

• Prescription drugs such as oral steroids, muscle relaxants, medications and colchicine are not recommended for acute low back problems;

• For the ACA and the chiropractic profession, "these findings come as no surprise. In fact, they substantiate other, recently-released findings on chiropractic and spinal manipulation."

Morton cited a recent study by the RAND Corporation

which determined spinal manipulation was an appropriate treatment for acute low back pain, and reported from an analysis that 94 percent of all manipulations are performed by doctors of chiropractic.

All in 1993, a study funded by the Ontario Ministry of Health reported that chiropractic manipulation was the most cost effective and efficacious care for low back pain.

In light of this study, the Ontario Ministry of Health concluded there should be a "shift in policy to encourage and prefer chiropractic services for acute, first, persistent low back pain, and chiropractic should be fully 'funded' (and) fully integrated" into the Ontario health care system.

As a result, many care experts, as many as 90 percent of Americans will suffer from back pain at some point in their lives, back symptoms are the most common cause of disability for Americans under age 45, and 20 percent of all American military medical discharges are due to low back pain.

"Back problems are widespread," Morton said, "and this new guideline may now explain why so many Americans seek the services of chiropractors."

"Doctors of chiropractic nationwide are ready and willing to work with other health professionals to provide the best possible care for patients with low back pain, and spinal manipulation offering the most effective drug-free non-surgical relief for adult low back pain, the experts in spinal manipulation should be looked to for treatment."

"Doctors of chiropractic

Good communication is essential to an effective and satisfying relationship. Since personalities vary, it is wise to find a doctor with whom you feel relaxed, comfortable and free to discuss your health problems.

This becomes a matter of giving you a feeling of confidence. However, there are some cardinal rules of communication that should be practiced by all.

* Any doctor who treats you should first tell you what she/he plans to do, and then get your permission to do it.

* Your doctor should explain alternative treatments and also outline the possible benefits

and complications of what he/she is about to do. Don't self-diagnose, but, throughout diagnosis, treatment and rehabilitation, continue to ask questions. If there is any doubt in your mind, do not hesitate to get a second opinion.

* Your doctor should explain the financial aspects of treatment if that information is not offered, you can find out what your doctor's charges will charge by simply asking.

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NEWS

Eagles Auxiliary mother honored

Before the first meeting in October, Auxiliary Mother Barbara Ramsey was honored with a birthday dinner presented by Auxiliary President Susan Allen, Mildred Boyd, and Helen Mihu. After the meal, she was presented with the auxiliary gift and gifts from the members.

The meeting, starting at 7:30 p.m., was opened by president Susan Allen with all officers present. The re-enrollment of Julie Chandler was approved.

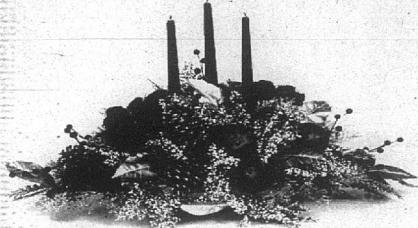
Initiation was held for six new members — Monica Bailey, Christine Wells, Cathleen Bod, Tracy Krug, Tammy Cox and Lorretta Cogdill. The induction was conducted by the rit-



Pictured are auxiliary mother Barbara Ramsey (left) and auxiliary president Susan Allen.

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All the materials you'll need are available at Frank's. Have fun and enjoy your new creation!

Materials Needed:

Fourteen picks with green/white glitter
Six pine stems x9 w/Mica
One box burgundy cracked ice ornaments
One burgundy magnolia bush
Four burgundy bead branch picks
One block of floral foam
4" x 8"
Three 12" taper candles - burgundy
One package gold pine cones

Step 1
Put three burgundy taper candles in place and glue. Press the two side candles in deeper to give a step effect. Use photo as a guide.

Step 2
Glue in place one 9-inch pine stem at each end of the floral foam rectangle. Cut apart remaining 9-inch pine stems and glue in place. Glue all six ornaments in place.

Step 3
Cut apart magnolia bush and glue in flowers. Then glue in pine picks to fill out the arrangement.

Pick Up Additional Craft Project Instructions At Frank's...They're Free!

Watch Sunday's Journal for more tips from the experts at Frank's!

ual team — president Susan Allen pro tem for Vera Johnson, conductress Angie Buehler, past president Joanna Schmitz, vice president Barbara Modrušek, chaplain Nina Johnson pro tem for Amelia Weatherford.

A letter was read from Protestant Welfare thanking the ladies for the donation of canned goods.

A motion was made and accepted to donate \$100 each to Salvation Army and Catholic Charities for their food pantries.

The first meeting in December will be the Auxiliary Christmas party with a sit-down dinner. A meeting will follow dinner.



Glue in place the gold pine cones. Then glue in place the gold leaves cut from the magnolia bush. Cut apart the burgundy bead branch picks and glue in place.

Simple enough? Your new mantle piece is ready to display and enjoy!

We've mentioned the library of free craft project instruction sheets available at Frank's. But there are information sheets on other topics as well, including:

- Caring for your poinsettias
- Caring for your holiday plants
- Decorating themes for your tree
- Guide to Christmas lights
- How to select your fresh-cut tree
- And of course, many others. Stop by, have a look and pick out your favorites!

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Sodium hard to avoid

Sodium, a component of salt, is often present in the most unlikely foods. Who would suspect that a milkshake or one of those high fiber cereals to be high in sodium?

They sure can be.

An important thing to know is that while salt occurs naturally in most foods, much of the salt in the American diet is added during preparation or at the table.

The study and worship were led by Dorothy Rivenburgh.

Those present at the November meeting were Ruth Lelik, Margaret Kain, Helen Stone, Gayla Stump, Jo Schepens, Lena Seitzer, Ruby Hart, Mary Lurton, Dorothy Rivenburgh, Myra Parrish, Helen Stone, Mildred Rees, and Helen Stump.

CWF changes layettes for new babies

During the November meeting of the Christian Women's Fellowship of Central Christian Church, the members were reminded that the timing of the December meeting was changed from 1 p.m. to 7 p.m. on Thursday, Dec. 5. The reason for the change was that the CWF will be serving the annual Coterie of Christ luncheon at noon on that day. In the month following, the CWF will meet at the regular time.

The layettes which are given to Church Women United to help young mothers who need them for their newborns when they leave the hospital, will be different this year. Other church in Church Women United will include the same items as before. The CWF only will collect the following items: a sweater set, socks and bedding, small and medium undershirts, one-piece sleeper or gown, receiving blanket and six to 12 disposable diapers.

Ruth Lelik, the reading

that all the members continue reading the Psalms this month — versus 25-50.

The CWF purchased five new card tables to use in various activities of the church.

Seven members attended the Southeast Gateway Area CWF Assembly at Troy on Oct. 19. The speaker for the occasion was the Rev. Lari Grubbs, area minister for the Christian Church (Disciples of Christ) in this area.

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Cutting corners — Kathy Guerra of Granite City learns to spackle a drywall corner in one of the Drywall Repair and Installation workshops offered through Belleville Area College's Saturday Experience program at the Granite City campus. In the class, students learned to install and make simple repairs to drywall.

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INSIDE

Blue
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Today's Food

Wednesday, December 11, 1996

Food & Nutrition

Wise Ways

Cookbooks whet the appetites of those who are most productive in the kitchen.

INSIDE

Heart-y Bites

Old-fashioned cookies still can be on the plate of healthy holiday bell ringer.

INSIDE

Blue Ribbon Cook

Corn creates warm base for winning chowder.

INSIDE

Test Run

Reduced-fat mushroom soups find welcome partner on the table in traditional green bean casserole.

INSIDE

Micro Raves

A little preparation and easy plan lets cook yield time to enjoy the party.

INSIDE

Lively Taste

Lively hot teas warm the season. For instance, brew tea in water and juice. Four cups water and 3 cups apricot nectar makes a good medium for 5 or 6 tea bags. Instead of the apricot nectar, preserves or jam can be used. For a spicier brew, combine 1 quart cranberry apple drink and 2 cups water to brew with 6 to 8 tea bags, 4 cinnamon sticks and 8 whole cloves. Plain apple juice and spices are more traditional.

Health & Fitness

Medicine Chest

Indicators like excessive thirst, weight fluctuation and inability to see well are characteristics of diabetes. Do not ignore them.

INSIDE

Fresh Picks

When people are stressed, they often turn to sugar or caffeine to increase energy levels. It might be better to reach for a piece of fruit from a fruit basket you've given yourself. Put in a supply of fruits, like apples, orange, tangerines, grapes, pears, bananas and grapefruit. Even non-seasonal fruit, like peaches, are available for the holidays. Not only are they full of vitamins to help offset winter illness, but they offer fluids overlooked during indoor activity. Best of all, they can be grabbed for eating on the run or make a satisfying 'event' to savor between activities.

Big Fat Tip

Keep on hand a carton of fat-free sour cream and baked chips or chopped vegetables for dipping. Try adding shredded cheese, sliced fresh basil, grated parmesan cheese, chopped dried tomato, minced garlic, minced bell pepper or tiny cooked shrimp in combinations desired. Serve it in a natural container, like a hollowed-out acorn squash or red bell pepper cup.

Future Shop

The chicken may cross the road on a soybean vine. Fabricated chicken meat made from soybean protein and flour and a bit of wheat starch — why didn't the chicken think of that? — looks like and feels in the mouth like and, yes, it tastes just like chicken, say researchers at the University of Missouri who reshaped components into the food that is not fowl. They suggest it could be sold dehydrated without refrigeration or with water added, and requires no cooking, only warming. It could be an economical way to offer some positive health benefits soybeans indicate they have.



LIVE IT UP

By Janice Denham
Staff writer

The holiday party and gift season comes but once a year. If there is a time to enjoy food traditions, it is now. It also is the time for splurging on a few items that most delight a person.

For one individual, it is a cookie Mom made, for another it is cheesecake, fruit bread or gingerbread that makes a home sing with spirit.

Cookie baking can be done in spurts. Cookie dough can be refrigerated up to two days or frozen as long as a month. Thaw it in the refrigerator when ready to bake.

To store baked goods, cool them completely and carefully pack in a plastic or aluminum tin lined with waxed paper. Seal it tightly.

Stack cookies in layers separated with sheets of

crumpled waxed paper, plastic wrap or aluminum foil. Store soft cookies separately from crisp ones. Store in location that is cool or room temperature, rather than warm. Nuts should be stored in a cool place to avoid becoming rancid. They also can be frozen.

Make sure the frosting on any food is solid before storing. Cookies can be frozen for last-minute frosting, or put in the freezer after frosting.

The hard part, when giving away baked gifts, is deciding whether Grandma or the baby-sitter gets that personal favorite. For a colorful dish that can be refrigerated until serving time, a dessert that looks like salad and is made with colorful berries should be given a whirl.

SEE LIVE IT UP, INSIDE TODAY'S FOOD PAGE 2

Kid's Cuisine

It's a Wrap!



Gifting is a holiday trait to be learned. Packaging can be prepared or decorated, even if a child is too young to help with the food preparation. However, even young children can stir, with a little supervision. Paper muffin liners can be set in tins. A child who should not work around the oven for Holiday Granola can help pour it when cool into airtight plastic jars, canisters, cellophane gift bags or empty oatmeal tubes. A sturdy paper plate can provide a base for a doily where a child places fresh muffins.

For Holiday Granola, in a large bowl, mix together 4 cups uncooked quick or old-fashioned oats, 1/2 cup shredded coconut, 1/2 cup chopped pecans, 1/2 cup honey, 1/4 cup unsalted sunflower seeds, 1/4 cup (1/2 stick) butter or margarine (melted), 2 teaspoons grated orange peel, 1 teaspoon vanilla and 1/2 teaspoon cinnamon. Spread evenly in 15-by-10-inch jellyroll pan. Bake in preheated 350° oven, stirring every 10 minutes, about 40 minutes until golden brown. Remove from oven. Stir in one (6-ounce) package dried cranberries or other chopped dried fruit. Cool completely. Store, tightly covered, up to 1 week. Makes 6-1/2 cups granola.

Today's Food

Test Run



Cream of mushroom soup with less fat was found to fulfill rich expectations in green bean casserole.

Ye olde casserole of green beans gets slim mixing this holiday

For some families, a holiday meal without a green bean casserole is Thanksgiving without turkey. New Year without confetti or candlelight without songs.

That is why the Test Run crew took advantage of the season to set their tables with green bean casseroles made with reduced-fat cream of mushroom soup.

Healthy Choice regular, Healthy Choice Recipe Creations and Campbell's 98 percent fat-free.

The testers rang up their own interpretations, some reducing fat beyond the soup. One — who made the casserole with Healthy Choice herb mushroom soup, skim milk, rice and dried (lowe) rice for those chow mein noodles, available with Chinese foods in some supermarkets) and sprinkled only the top with a few fried onions — found the results delicious.

"The only time I was worried you have to remember that I'm an amateur cook — was when I opened the can of soup, because it resembled a pasta rather than a creamy soup. But with enough skin

milk, the recipe turned out great," she said.

Because her everyday eating style is very lean, fat she was delighted that "there was very little fat, particularly saturated fat, in the entire dish."

Another tester had a hard time finding anything unusual to say about his casserole, made with the Campbell's 98 percent fat-free soup.

"I couldn't tell the difference at all. I don't know what else to say. It had all the taste and was actually more enjoyable because I knew it was almost fat-free," he said.

"My son enjoyed it, too. Ordinarily he doesn't like green beans, but he had two helpings of the dish. In the future, I'll probably continue to use the fat-free version."

The third product was a 15-ounce can of Healthy Choice cream of mushroom soup. Because the can of soup is larger, the cook proportioned ingredients to match, using 3 cans green beans. She added chopped onion to the dish and used rice noodles in and on top

of the casserole.

"For years I pooh-poohed making green bean casserole because it seemed so unimaginative in the tradition Thanksgiving meal, but I was overruled by the family — and the resulting empty dish," she said.

She did not reveal her changes to anyone.

"Nobody even mentioned the change, and nobody asked if I had switched in soups. The dish landed in front of one of the guys. I saw him nibble on his third helping of beans and my college-age son was rummaging around all the plastic dishes in the refrigerator looking for leftover green beans the next day," she said.

"I don't think you can call it anything but a success."

She called the cost "a bit more," but because she only buys it occasionally, it seems like a good investment to keep on her pantry shelf.

The Healthy Choice Recipe Creations product costs about 95 cents, the Campbell's product is priced at 75 cents.

Books, programs give good read for cooking

If you are like me, a good cookbook is one of my favorite holiday gifts to give myself. This year, the number of informative, well-written and beautiful cookbooks and inexpensive computer cookbooks whets my appetite.

Based on the answers I give to questions on healthier ways to shop, cook and

eat, here are some books and computer programs I wouldn't mind finding under my Christmas tree. They are a mere sampling of what is available.

"Fresh Start" by Julie Rosso (1996). This cookbook contains four weeks of menus using more than 200 recipes. Each daily menu includes a breakfast, lunch,

dinner and one or two snacks. The idea behind the cookbook is to help a reader change eating habits, step by step, one day at a time.

"Bake and Freeze Desserts" by Elinor Kivans (1991). More than 30 make-ahead recipes for cakes, pies, cookies, brownies and ice creams. All re-

cipes can be made days to months in advance with most served directly from the freezer or requiring only a few hours of thawing.

"15-Minute Cooking" by Rhonda Barfield (1994). A local cookbook from St. Charles Barfield has put together a 28-day, step-by-step cooking system

with 100 quick and tasty recipes. This cookbook shows how to have delicious dinners every night with lower-than-average grocery bills.

"Lighter, Quicker, Better" by Richard Sax and Marie Simmons (1995). A 1996 James Beard Foundation Award winner, this cookbook features low-fat,

yet full-of-flavor recipes. Helpful tips and food information make this book a great reference guide as well.

Certified family and consumer scientist Carol Schlitt is nutrition and wellness educator with the University of Illinois Cooperative Extension Service at the Edwardsville Extension Center.

Live It Up!

Continued from page 1C.
For more decorating ideas and cookie celebrations from Quaker oats, as well as packaging and mailing tips to use throughout the year, write to: "Celebration!" P.O. Box 497, Department R, Chicago, Ill., 60690-0487.

Another brochure is available with helpful tips for entertaining. For a free copy, send a self-addressed, stamped envelope to: Corningware Guide to Entertaining Survival, 79 Madison Ave., Fourth Floor, New York, N.Y. 10016.

PEANUT BUTTER BLOSSOMS

1/2 cup shortening
1/2 cup creamy peanut butter
1/2 cup plus additional granulated sugar
1/2 cup packed light brown sugar
1 egg
2 tbsp. milk
1 tsp. vanilla
1 1/2 cups flour
1 tsp. baking soda

1/2 tsp. salt
1 pkg. (10 oz.) chocolate candy mini kisses

Preheat oven to 375°. In large bowl, beat shortening and peanut butter until well blended. Add 1/2 cup granulated sugar and brown sugar. Beat until light and fluffy. Add egg, milk and vanilla. Beat well.

Stir together flour, baking soda and salt. Gradually add to peanut butter mixture, beating until well blended.

Shape dough into 1-inch balls. Roll in additional granulated sugar. Place on ungreased cookie sheet. Bake in preheated oven 8 to 10 minutes until lightly browned.

Immediately place 3 chocolate pieces on top of each cookie, pressing down slightly. Remove from cookie sheet to wire rack. Cool completely.

Note: Refrigerating cookies in single layer about 1 hour helps set chocolate. Makes about 4 dozen.

1 pkg. (10 oz.) peanut butter chips
1/2 cup cocoa
1/4 cup (1/2 stick) butter or margarine, melted
1 tsp. vanilla

4 1/2 cups sugar
1 jar (7 oz.) marshmallow creme
1 can (12 oz.) evaporated milk
1/4 cup (1/2 stick) butter or margarine

Line 13-by-9-inch pan with aluminum foil, extending foil over edges of pan. Butter foil lightly.

In medium bowl, set aside 1 cup peanut butter chips.

In second bowl, stir together cocoa, melted butter and vanilla until smooth. Add remaining 2/3 cup chips.

In heavy 4-quart saucepan, stir together sugar, marshmallow creme, butter and 1/4 cup butter or margarine. Cook over medium heat, stirring constantly, until mixture comes to full rolling boil. Boil and stir 5 minutes. Remove from heat.

Immediately pour half the hot mixture into bowl with reserved peanut butter chips. Pour remainder into cocoa mixture. Stir to

blend. Using wooden spoon, beat peanut butter mixture until chips are completely melted. Spread evenly in prepared pan. Beat cocoa mixture until chips are melted and mixture thickens. Spread evenly over top of peanut butter layer. Cool about 4 hours until firm.

Remove from pan. Peel off foil. Cut in squares.

Store tightly covered, in refrigerator.

Makes about 8 dozen squares. Do not double.

PECAN PIE BARS

1 1/4 cups (2 1/2 sticks) butter or margarine, softened

1 1/4 cups granulated sugar
3 cups flour

1/2 tsp. salt

4 eggs, slightly beaten

1 1/2 cups light or dark corn syrup

2 tsp. vanilla

2 1/2 cups pecans, coarsely chopped

Preheat oven to 350°.

Lightly grease 15-by-10-inch baking pan.

In large bowl, using mixer at medium speed, beat 1

cup butter and 1/2 cup sugar until creamy. At low speed, blend in flour and salt until mixture resembles coarse crumbs.

Press dough firmly on bottom of prepared pan. Bake in preheated oven 25 minutes or until lightly golden on edges.

Melt remaining 1/4 cup butter. In large bowl, using wire whisk, beat eggs, syrup, vanilla and pecans until well blended. Stir in pecans. Pour mixture evenly over hot crust.

Bake in preheated oven 25 minutes or until filling is firm around edges and slightly firm in center.

Cool completely in pan on wire rack. Cut in bars.

Makes 5 dozen bars.

FESTIVE BERRY DESSERT SALAD

1 pkg. (10 oz.) frozen raspberries, thawed

1 pkg. (4 servings) cranberry gelatin

1 cup boiling water

1/4 cup cold water

1 to 1 1/2 cups coarsely

crushed pretzels (about 75 pretzels)
1/4 cup plus 2 tbsp. butter or margarine, melted

1 pkg. (8 oz.) Neufchâtel (low-fat cream) cheese, softened

1/4 cup (1/2 oz.) confectioner's sugar
1 carton (8 oz.) low-fat frozen whipped topping, thawed

1 can (8 oz.) unsweetened crushed pineapple, drained

Drain raspberries well, reserving syrup.

Dissolve gelatin in boiling water. Stir 2 minutes. Add 1/4 cup reserved raspberry syrup and cold water.

Refrigerate, covered, until thickened.

Stir in raspberries. Spoon into 2 1/2-quart oval casserole. Refrigerate, covered, until firm.

Preheat oven to 400°.

Combine pretzels and butter. Place in separate casserole dish or on cookie sheet. Bake in preheated oven 8 to 10 minutes. Cool completely.

In small bowl, mix cheese and sugar until fluffy. Fold in whipped topping. Fold in pineapple. Spread over raspberry mixture. Refrigerate until ready to serve.

TWO-STORY FUDGE

1/2 cup shortening
1/2 cup creamy peanut butter

1/2 cup plus additional granulated sugar

1/2 cup packed light brown sugar

1 egg

2 tbsp. milk

1 tsp. vanilla

1 1/2 cups flour

1 tsp. baking soda

Micro

The easiest way to plan a party is to invite people over. Ready for invites means spirit means going to one's invitation, spirit of the host.

With microwave and foods, advance leads to an easy host and host.

A delicious meal can be prepared in less time in both before the party.

Many dips and cheese balls are in advance, them in a microwave for the party. are quick to make, for later use by friends.

Certified family consumer scientist specializes in cooking.

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Today's Food

Micro Raves

By BARB GRAY

A good party mind is one that thinks ahead

The easiest way to be ready for impromptu parties is to plan ahead. Early spirit means giving a party can be as much fun as going to one, even when invitations go out on the spur of the moment.

With a microwave oven, freezer and convenient foods, advance preparation leads to an easier party for a host and guests.

A delicious and eye-appealing menu is an important ingredient. What can distinguish a good meal from a success? That is getting the cook out of the kitchen to enjoy the festivities.

The speed and ease of microwave cooking means less time in the kitchen, both before and during a party.

Many dips, sauces and cheese balls can be made in advance. Just warm them in a microwave oven and set on a warming tray for the party. These recipes are quick to make for a small party, or in quantity for later use by a house full of friends.

Certified family and consumer scientist Barb Gray specializes in microwave cooking.

TACO CHICKEN WINGS

1 envelope taco seasoning mix
1½ cups dry bread crumbs
About 24 chicken wings, cut apart

Discard chicken wing tips or save to make broth later.

In resealable plastic bag, shake together taco seasoning and bread crumbs. Shake about 6 chicken wings at time in mixture to coat well. Place on glass plate with meaty part of wing tip to outside of dish. Cover with waxed paper.

Microwave on high power about 5 minutes or until juices run clear when meat is cut with knife. Let stand 3 minutes before serving.

Note: Seasoning mixture can be used on larger pieces of chicken for main dish.

SAVORY STIR-FRY

1 lb. boneless pork loin, cut in ¾ inch cubes
1 tbsp. reduced-sodium soy sauce
1 tbsp. vinegar
1 tsp. sesame oil
1 clove garlic, minced
½ tsp. ginger
1 pkg. (16 oz.) frozen stir-fry vegetables, thawed
1 tbsp. water
Hot cooked rice, if desired

Blend soy sauce, vinegar, oil, garlic and ginger in shallow dish. Add pork. Soak 10 minutes.

Cook large nonstick skillet with nonstick cooking spray. Heat over medium-high heat until hot. Stir-fry pork 3 minutes. Stir vegetables and water into mixture. Cook, covered, 5 minutes or until vegetables are tender-crisp.

Serve with rice.
Yields 4 servings; 246 calories, 68 mg cholesterol, 8 g fat, 357 mg sodium and 27 g protein each.

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POLYNESIAN APPETIZERS

2 tbsp. packed brown sugar
4 tsp. cornstarch
1/4 tsp. ground ginger
1/4 tsp. garlic powder
2 tbsp. water

2 tbsp. soy sauce
1 can (16 oz.) pineapple chunks, drained, reserving ½ cup juice
1 pkg. (16 oz.) frozen fully-cooked pork sausages, cut in thirds

In 2-quart casserole, blend brown sugar, cornstarch, ginger, garlic powder, water, soy sauce and

pineapple juice.
Stir sausage into pineapple mixture. Microwave on high 5 to 7 minutes until sauce is thickened, stirring 2 or 3 times.

CHEESY HORS D'OEUVRES

1/4 cup (3 oz.) shredded cheddar cheese
5 green onions, finely sliced
1/2 cup grated parmesan cheese
1 can (6 oz.) crabmeat, flaked
Mayonnaise
Snack crackers

Combine cheddar cheese, parmesan cheese and onion with crabmeat. Mix in enough mayonnaise to moisten mixture evenly.

Spread scant teaspoon mixture on each cracker.

Arrange filled crackers, 8 at a time, in doughnut shape on serving plate. Microwave on medium (50 percent) power 25 to 30 sec.

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FRESH SLICED CHOPPED HAM 5 Lb. \$8.98

FRESH FROZEN CHICKEN BREAST 5 Lb. \$6.98

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FRIER DRUMSTICKS 5 Lb. \$4.98

BEEF LIVER 5 Lb.

NEWS

Calendar of events

Our event calendar also includes those for community groups and their normal meeting days. Such groups meet on the first Monday of the month, the first Tuesday of the month, etc. Readers are encouraged to call these groups if holidays or other days pose uncertainty.

Corrections, additions and deletions: Information may be entered, and new entries may be added at anytime by calling the newsroom at 876-2000.

This calendar runs in every Wednesday's Journal.

Wednesday, Dec. 11

American Association of Retired Persons Chapter 1340, Christmas dinner dance. Doors open 5 p.m. Dancing begins at 7 p.m. Music by Jerry's Kids. Members \$10. Guests \$5. Those 50 and over are welcome. Please bring boxed or canned food or paper products to be donated to food pantry. For information call 876-6328.

Disabled American Veterans Chapter 53 will offer a service officer from 1 to 3 p.m. at the Tri-City Veterans Center, 1417 19th St., in Granite City. Call 876-7816 for more information.

Pontoon Beach Senior Citizens, 1 p.m. to noon, 3910 Illinois 111, Pontoon Beach.

Pulmonary Support Group, for persons with diagnosed lung conditions, 11 a.m. to noon in 4th floor of St. Elizabeth Medical Center, 798-3019.

Al-Anon, 7:15 p.m. Gateway Foundation, 600 W. Lincoln Ave., Caseyville. Call 463-2429 for more information.

Alcoholics Anonymous, 11 a.m. and 8 p.m., 2116 Club, 2116 Edison, Granite City, 1-800-307-6600.

Parents Anonymous, 8 p.m. St. Elizabeth School's Noah's Ark Day Care, Pontoon

Road, Granite City. The meetings are closed except for the last Wednesday of the month.

Divorced and Separated Group Ministry, 7:30 p.m. Eden United Church of Christ, 2100 Main Ave., in Granite City. Call 797-2780 or 451-0728 for more information.

Parents Anonymous Group, meets 6 to 8 p.m. For information where meeting will be held, call Elaine Landolt, 462-2714.

Madison Community Action Group, meets at 7 p.m. For more information call Dan at 452-2336 or Diane at 876-1360.

Thursday, Dec. 12

Edwardsville Kennel Club, 7:30 p.m., Hayes Hallway Club, 2106 Grant St., Edwardsville, open to public.

Madison County Genealogical Society, meets 7 p.m. at Immanuel United Church, 800

N. Main, Edwardsville. Multiple Sclerosis self-help group meets from 7 to 9 p.m. in Pascal Hall at St. Elizabeth Medical Center, 2100 Main Ave., in Granite City. Call 876-6600.

Alcoholics Anonymous, 8 p.m. Presbyterian Church, Mitchell, 1-800-307-6600.

Navy Mothers Clubs of the Veterans of Foreign Wars Post in Granite City. Mothers, fathers, daughters, wives or sisters of former or present Navy Marine Coast Guard or Sea Bees are encouraged to join. For further information, call 931-2292 or 876-2209.

Bemis Chiropractic, 3361 Fehling Rd., in Granite City, is offering free electronic spinal screenings from 9 a.m. to noon. Call 876-2273 for more information.

Chouteau Township Senior Citizens, 9 a.m. to 2 p.m. Social Center, 906 Thorntague Drive, Mitchell.

Eagle Park Area Seniors of

Madison meet from 10 a.m. to noon at 100 Hill St. (rear), Eagle Park Acres, Madison.

Alcoholics Anonymous, 8 p.m., 2116 Club, 2116 Edison, Granite City, 1-800-307-6600.

Alcoholics Anonymous, 8 p.m. Presbyterian Church, Mitchell, 1-800-307-6600.

Al-Anon, 6:45 p.m. at Anchorage Recreation Center, 2909 Edwards St. For information, 797-6351 or 877-278-2209.

Al-Anon, 8 p.m. Wellness Center, 2103 Ida, 463-2429.

Narcotics Anonymous, seeking recovery, 8 p.m., 2016 Delmar Ave., 24-hour hot-line 398-9409.

Granite City Community Band rehearsals, 7:30 to 9 p.m., St. John United Church of Christ, 2901 Nameoki Road, Granite City, 911-0443.

Friday, Dec. 13

Granite Chapter 650 Order of the Eastern Star meets at 7:30 p.m. at the Masonic Temple, 20th Street and Cleveland Boulevard, in Granite City.

Southern Illinois Divorced and Separated Catholics, 7:30 p.m., St. Boniface School, 128 N. Buchanan, Edwardsville.

Downtown Neighborhood Restoration Society, Granite

City, 576-7715, 8 p.m.

Hereditary Ataxia (a disorder of nerve cells in the spinal cord and central nervous system), 6 p.m., Cur Williams, 877-5172, for information.

Al-Anon meets at 8 p.m. in the Miloski Room in the basement of St. Elizabeth Medical Center, 911-0443 for more information.

Alcoholics Anonymous, noon and 8 p.m., 2116 Club, 2116 Edison, Granite City, 1-800-307-6600.

Friday Afternoon Pinocchio Club for seniors 55 and over meets at 12:30 p.m. at the Harold Brown Building, Franklin Avenue and Pontoon Road. Call 877-0350 for more information.

Saturday, Dec. 14

STEMSS (Support Together for Emotions, Mental Stability and Sobriety), a support group for people with a mental illness and an alcohol or substance abuse problem, meets from 1:30 to 4 p.m. at Pacific Hall, St. Elizabeth Medical Center, 798-3604 for more information.

Sunday, Dec. 15

Polish Pierogi Sale, Sacred Heart of Jesus Church, 930 Reynolds, Madison, 10 a.m. to noon. Seven varieties: cabbage, cheese, kraut, potato, sausage and kraut, plum pudding and taco. Carry-outs only, \$7 per dozen. To-go and ready to eat available by calling 876-5860.

Chicken-N-Dumpling Dinner, New Life Assembly, Faith & Buxton, 1-800-666-6 p.m. Adults \$4; children \$2.50. Green beans, coleslaw, rolls, coffee or tea included.

Quaid City Youth Fellowship, 223 W. Cleveland, 7 p.m., 931-2489 or 874-4848.

Al-Anon Adult Children Providence, 2103 Iowa, 10 a.m., park in rear, no smoking, 45 absolutes. **Alcoholics Anonymous**, 8 p.m., 2116 Club, 2116 Edison, Granite City, 1-800-307-6600.

Al-Anon Adult Children, 10 a.m., Wellness Center, 2103 Iowa, Granite City, 463-2429.

Narcotics Anonymous, Acceptance, 8 p.m., 2016 Delmar Ave., 24-hour hot-line 398-9409.

Rescue Mission, 1536 Fourth St., Madison, food pantry is open from 9 a.m. to 10 a.m. **Valonda Turner** is the chairman, **Valonda Turner** is the secretary and **Alfred Turner** is the pastor.

Are You Facing the Holidays Alone After Separation or Divorce? Whether in the divorce process or divorced for years, Second Chapter provides the support you need to face life single. A fourteen week session begins today. For details, call (314) 781-9818.

Sunday, Dec. 15

Midwestern United States Imperial Dance Club (MUSIC) will hold its regular meeting at 6 p.m. at the American Legion Hall, Collinsville. The public is invited for dance lessons and open dancing at a cost of \$4 for nonmembers and \$2 for members. For more information, call 463-2406.

The Eagles Auxiliary, regular meeting is held at 7:30 p.m. at Ralph and Charlie's Steak House. The meetings are open to the public and the general public is invited for dance lessons and open dancing at a cost of \$4 for nonmembers and \$2 for members. For more information, call 463-2406.

Old Six Mile Flea Market will be held from 10 a.m. to 4 p.m. at the Pontoon Beach Senior Citizens Plaza, 3910 Highway 11. For more information, call 756-2510.

Alcoholics Anonymous, 1:30 p.m. and 8 p.m., 2116 Club, 2116 Edison, Granite City, 1-800-307-6600.

Decorit's, Live the Steps, 8 p.m., 2016 Delmar Ave., 24-hour hot-line 398-9409.

Alcoholics Anonymous, 8 p.m., St. Elizabeth Medical Center, 911-0443, main floor, Granite City, 1-800-307-6600.

Eagles Auxiliary, 11:30 Bingo, 1 p.m., at the Midwestern United States Imperial Dance Club. Also included will be a color raffle, 50/50 drawing free games and other raffles.

Old Six Mile Museum, 327 Maryville Road, Granite City, is open from 10 a.m. to 4 p.m. each day from 1-4 p.m. through December 15. Special tours for groups are available. Call Georgia Engleke, 931-3023, to arrange a tour or call 831-1352 for more information.

Monday, Dec. 16

Disabled American Veterans Chapter 53, 1417 19th St., Granite City, 876-7816, 8 p.m.

(See CALENDAR, Page 8C)

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Store Hours: Monday thru Friday 9am to 10pm, Saturday 8am to 10pm, Sunday 9am to 8pm • Check the White Pages for the Frank's store nearest you.

Sale ends 12-14-96

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NEWS

Strawberries good for yard

Strawberries are an important mainstay in the garden and backyard.

A significant harvest can be obtained from even the smallest of areas devoted to this special task, making it well worth the effort.

There are three basic types of strawberries: June bearers, day-neutral and everbearers. June bearers are the most common and it is considered the standard; it fruits once during the early summer. This is the berry that "kick-you-over" when you eat one. The quality is exceptionally high, it yields well and is dependable.

The day-neutral type fruits throughout the summer, and does not have the slight differences to initiate fruit.

Everbearers are similar, but tend to produce two separate crops since the early summer and a second smaller crop in the fall. With both of these types, disease resistance, fruit quality and yield tend to be less than standard June bearers.

Early spring is the recommended time to plant strawberries. This allows time for establishment before hot weather arrives.

When choosing a location, select an open sunny site, with a well drained soil; avoid shady, or low lying areas that tend to hold water in them. It is also important to avoid older garden sites that have had vegetables. These sites can harbor soil diseases that affect strawberries.

Ideally, start the new strawberry patch in a non-garden area, such as turf.

Once the site is selected, do a soil test of your soil before working the soil as you would a garden site. Do not work a wet soil. Depending on a soil test, lime may be necessary to bring soil pH up to the ideal range of 5.5 to 6.5. This is also a good time to add phosphorus and potassium (P,K) and nitrogen (N), as a suggested fertilizer of 10-10-20/1000 sq. ft., and organic matter, such as composted manure. Work these

amendments well into the soil. Strawberries can be purchased at garden centers or ordered through mail-order nurseries.

There are numerous varieties to choose from, some more suited than others for fresh use, freezing or preserves. Those that are early or late, are known for large fruit, or for resistance to disease.

It is important to plant as soon as possible after receiving them. If conditions do not permit immediate planting, store the refrigerator, keeping the roots moist but not over wet. Dry roots should be soaked for an hour before setting. Plants can also be stored in a trench, deep enough to cover roots but not the crown. Water them in a deep shaded until you are ready to move them to the permanent site.

It is important to plant strawberries at the right depth, covering all roots. Set plants 24 inches apart in rows three to four feet apart. As the plant grows, runner plants are allowed to root freely and form a "matted row." This "matted row" can be modified by selectively keeping new runner plants 4 inches apart (spaced out). This allows for optimum growing conditions. Matted rows can often become too dense for good production.

For everbearing types, plant in the same system, setting plants 12 inches apart in beds two to four plants wide.

In this system, runner plants are not allowed to form, and production from the original plant is important to water your new planting, and to supplement rainfall throughout the season.

Keep flowers pinched off the first year as they appear. Allowing fruit development the first year will slow runner development and reduce next year's crop.

For day-neutral and everbearers, flowers set after July 1 can be kept, setting fruit for a fall crop.

Decorating advice to Improve your HOMELIFE

by Kevin Smith
Sears Homelife
Furniture Consultant
Fairview Heights



Q: I have a large kitchen/dining area with a bay window that covers one entire wall. How can I make the best use of the bay window, and what can I do with the area in the middle of the room, which is now occupied by a formal dining table and chairs?

A: Use your bay window area as a dining room by outfitting it with a drop-leaf table and bench-style seats. Remove the chandelier from the center of the room, and replace it with a flat fixture.

Now you have two options for the space that's been opened up: 1) Use two upholstered chairs and an occasional table (armchair height) between them for a casual conversation/reading area, or 2) Add a work desk and chair to create a kitchen computers/homework area.

If you have a small kitchen counter, add barstools and use this area for snacks or for breakfasts instead of using the more formal drop-leaf table.

We want to hear from you!

Send us your decorating questions, and if we use yours in this issue, you'll receive a free silk floral arrangement valued up to \$200.

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at Suburban Journals
1714 Deer Tracks Trail
St. Louis, MO 63131*

Please include your address and phone number.



49 Ludwig Drive, Fairview Heights
618/398-8264

•Calendar

(Continued from Page 7C)

Alcoholics Anonymous, noon and 8 p.m., 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

AI-Area, 9:30 a.m., 2116 Club, 2116 Edison, Granite City, 463-2429.

Chemical Dependency Relapse Prevention group meets from 6:30 to 8:30 p.m. at the Edwardsville Health Center, 1123 University Drive in Edwardsville. The group focuses on eliminating relapse, thought, feeling and behavior patterns. The helping group members grow in solid recovery. For more information, call 798-3888.

First Step, a Christ-centered nutrition program, meets from 6 to 7 p.m. at First Baptist Church, 2041 Delmar Ave. in Granite City.

Neglected Victims of Child Sexual Abuse support group for nonoffending parents of victims, meets from 6 to 7:30 p.m. at Southern Illinois University Extension Center, 200 W. Franklin St., 61201. Call 622-2197 for details.

TOPS 2048 (Take Off Pounds Smartly), 6 p.m., Melvin Price Support Center in Granite City, 876-2124.

TOPS IL 645, 7 p.m., Anchorage Recreation Center, 200 W. Franklin St., Granite City, 452-6102. Men and women welcome.

In this system, runner plants are not allowed to form, and production from the original plant is important to water your new planting, and to supplement rainfall throughout the season.

Keep flowers pinched off the first year as they appear. Allowing fruit development the first year will slow runner development and reduce next year's crop.

For day-neutral and everbearers, flowers set after July 1 can be kept, setting fruit for a fall crop.

Tuesday, Dec. 17

Knights of Columbus, 4th

Degree, 4225 Old Alton Road, 7:30 p.m., 277-4250.

Lupus Erythematosus Support Group, sub-chapter of Illinois Lupus Foundation, 7:30 p.m. Memorial Hospital auditorium, Belvidere, 233-7750, extension 5860.

Pontoon Beach Senior Citizens, meeting, 7 p.m., 3910 Illinois 100, Pontoon Beach.

Bemi Chiropractic, 3361 Peeling Road in Granite City, is offering free electronic spinal screenings from 9 a.m. to 4 p.m. Call 876-2273 for more information.

Boots & Slippers Dance Club, square dance lessons, 7 to 9 p.m., First Christian Church across from the Shaker Barn, Caseyville.

The cost is \$2.50 per person, per lesson. For more information, call 797-6528 or 344-4636.

Depressive Manic Depressive Association of Madison County will meet from 7 to 9 p.m. at St. Elizabeth Medical Center, 1000 W. Leyden and Earl A. Strassman. Co-leaders of the DMMDA, will conduct the meetings. For more information, call 877-7517 or (314) 776-4929.

TOPS 1699, (Take Off Pounds Sensibly) will meet at 6:45 p.m. at the Anchorage Recreation Center, 200 W. Franklin St., Granite City, 622-2724 for more information. Men and women are welcome to attend.

Alcoholics Anonymous, 8:30 p.m., 2nd floor, 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

Alcoholics Anonymous (women only), 8 p.m., Presby-

terian Church, Mitchell, 1 (800) 307-6600.

Alcoholics Anonymous, 8 p.m., St. John United Church, 2901 Nameoki Road, Granite City, 622-8078.

AI-Anon, 8 p.m., St. John United Church, 2901 Nameoki Road, Granite City, 463-2429.

Al-Anon, 8 p.m., Niedringhaus United Methodist Church cafeteria, 20th and Delmar, Granite City, 463-2429.

Alateen and PreAlateen Program, 12 to 17 age group and preteen, ages six to 11 year age group, meets at 8 p.m. at Niedringhaus United Methodist Church, 20th and Delmar, Granite City, 463-2429.

The Blood of the Lamb prayer and bible study. The public is invited to come for praise and worship, teaching from the Word and prayer for

your needs from 10:30 a.m. to 12:30 p.m. at Full Gospel Fellowship Hall, 2301 Orville, Granite City. A nursery will be provided. If a ride is needed,

call 451-4029 or 1 (314) 668-1865.

Circle of Hope, a 12-step healing program for anyone whose life is affected by HIV infection meets at 7 p.m. at the King's House on North 6th Street in Belleville. For more information, call 463-0291.

Granite City Kiwanis meet at Shoney's at 7:30 a.m.

Narcotics Anonymous, Path to Recovery, 8 p.m., 2016 Delmar Ave., 24-hour hot-line 344-9400.

School of Metaphysics, 7:30 p.m., 9459 Rosin Place, St. John, Mo. 63114. Classes in applied metaphysics. Call Melanie McManus at 425-0076.

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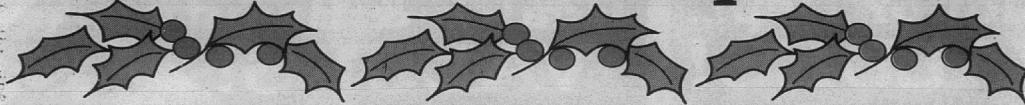
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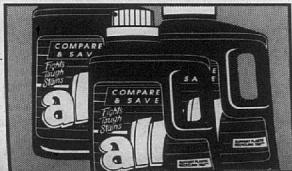
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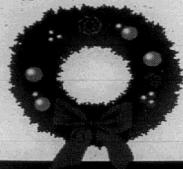
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Doral
Cigarettes.....
1199
CARTON
ALL VARIETIES
GPC
Cigarettes.....
1199
CARTON
ALL PRICES INCLUDE EXCISE TAX. SALES TAX ADDITIONAL

**T.G.I.F
Cocktails..... 999**
1.75-LTR. BTL.

**Tanqueray
Gin..... 1299**
750-ML. BTL.

**76 PROOF
Southern
Comfort..... 699**
750-ML. BTL.

**Smirnoff
Vodka..... 1489**
1.75-LTR. BTL.

**Seagram's
V.O. 1599**
1.75-LTR. BTL.

**Sutter Home
White Zinfandel..... 399**
750-ML. BTL.

ASSORTED VARIETIES
Riunite
Wine.....
2/\$7
750-ML. BTL.

SELECTED VARIETIES
Franzia
Wine.....
599
5-LTR. BTL.

Please-Be Responsible
Don't Drink & Drive

Shop 'n Save Photo Processing

Your Choice of Single Prints Plus
FREE FILM OR DOUBLE PRINTS



379
EVERYDAY
24-exp.
3 1/2 inch prints

Shop 'n Save Family Video Center

EVERYDAY LOW RENTAL PRICES!

ALL NEW RELEASE | ALL OTHER TITLES

99¢ EACH | **49¢** EACH

ALL VIDEO GAMES 99¢ EACH
AT STORES WITH VIDEO CENTER ONLY



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Shop 'n Save Health & Beauty VALUES!



OUR LOW SALE PRICE 2/\$3.18
40, 60, 75 OR 100 WATT
**G.E. Softwhite
Lightbulbs**

2/218
4-CT. PKG.
AFTER \$1.00 OFF IN STORE COUPON



**TWIN PACK
Massengill
Douche**

89¢
6-OZ.
AFTER \$1.00 OFF IN STORE COUPON

OUR LOW SALE PRICE 2/\$3.24
3-WAY
G.E. Softwhite 2/199
1-CT. PKG.
AFTER \$1.25 OFF IN-STORE COUPON

10-CT. 12-HOUR OR
Sudafed
30 mg Tablets **349**
24-CT. PKG.

Zantac
75 Tablets.....
599
20-CT. PKG.

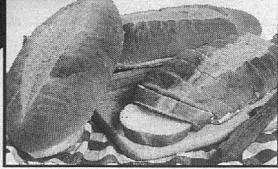
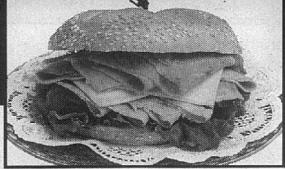
OUR LOW SALE PRICE \$2.99
.5-OZ. NEOSPORINE
NASAL SPRAY OR
Alka Seltzer Plus 199.
Cold Medicine
AFTER \$1.00 OFF IN-STORE COUPON

HOT LIQUID
Therflu
Packets.....
319
6-CT. PKG.

ANTIHISTAMINE
Ocuhist
Eye Drops.....
399.
.5-OZ. PKG.

Bakery, Seafood & Deli Dept. VALUES!

Bakery, Deli,
& Seafood
available at
all stores



**Eckrich Virginia
Baked Ham**

399
lb.

**FRESH BAKED
Italian Bread**

79¢
16-OZ.
LOAF

CORNED BEEF, PASTRAMI,
ITALIAN BEEF OR
Swift Roast Beef 399
lb.

REG. OR SMOKED
Jennie-O
Turkey Breast.....
299
lb.

Swift
Hard Salami.....
399
lb.

ALL VARIETIES
Meyer's
Breadsticks.....
199
15-OZ. PKG.

SEEDED OR
CORN MEAL TOPPED
Steak
Buns.....
99¢
8-CT.
PKG.

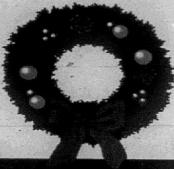
Jumbo
Cod Fillets.....
399
lb.

Snow Crab
Clusters.....
499
lb.

Farm Fresh
Whole Catfish....
279
lb.

More Great Values In-Store!

The Holidays!



FROZEN FOOD & DAIRY VALUES



SELECTED VARIETIES
Budget Gourmet
Entrees

3/\$4

8.7-11.75
OZ. PKG.



ASSORTED VARIETIES
Birdseye
Cool Whip

2/149

8-OZ. PKG.



SELECTED VARIETIES
Pillsbury
Cookie Dough

2/450

18-20
OZ. ROLL



ASSORTED VARIETIES
Sargento Fancy
Shredded Cheese

2/395

8-OZ.
PKG.

ASSORTED VARIETIES
Jack's
Pizza.....
15-21
OZ. PKG.

2/\$4

ASSORTED VARIETIES
Birdseye Farm
Fresh Vegetables.....
16-OZ.
PKG.

4/\$5

ASSORTED FLAVORS
Edy's Grand
Ice Cream.....
HALF
GALLON

2/595

ASSORTED VARIETIES
Downyflake
Waffles.....
10-12.5
OZ. PKG.

99¢



CALIFORNIA STYLE OR
Sunny Delight
Citrus Punch.....
1 99
GALLON

Pillsbury
Crescent Rolls.....
8-OZ.
PKG.

CINNAMON ROLLS OR
Pillsbury
Danish.....
11-12.4
OZ. PKG.

2/\$3

**More Values
In-Store**

**Best
Holiday
Buys**

WHILE
QUANTITIES
LAST.

SOME ITEMS NOT
AVAILABLE AT ALL STORES

MULTI-COLOR OR CLEAR
End to End
Light Set

299
100-CT SET

75-SQ. FT. CHILDREN'S WRAP OR
Looney Tunes
Christmas Wrap

219

55-SQ. FT.

RECTANGULAR OR OVAL
EZ Foil Large
Roasters.....
79¢
EACH

SCENTEX
Christmas
Potpourri.....
9-OZ.
PKG.
2/\$5

Berwick
Star Bows.....
27-CT.
PKG.
2/\$1

2000 ct.
Icicles.....
59¢

MICKEY, MINNIE, DONALD,
GOOFY OR DAISY

14-inch
Disney Plush

799

6-PLY
Promo
Garland.....
199

EXTRA LARGE
Red Plastic
Bows.....
99¢

Holiday Votive
Candles.....
4/\$1

ASSORTED
Paper Magic
Gift Tags.....
2/\$1

Single Light
Candolier

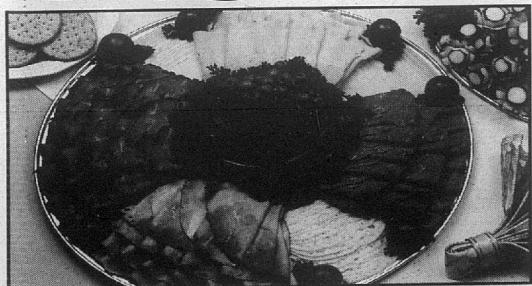
99¢
EACH

Holiday Taper
Candles

3/99

Christmas
Window Clings

77¢



**For the
holidays...**

Order a delicious
deli party tray or
fresh fruit basket!

Deli trays at stores with Deli dept. only



12113A

**'Tis the season to save money
fa-la-la-la-la, at Shop 'n Save!**



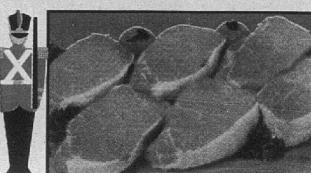
**HUDSON ALL NATURAL
Boneless Skinless
Chicken Breast**

167

**LIMIT 3 PKGS. WITH
ADDITIONAL \$10.00 PURCHASE**



SLICED FREE!



**6-LB. AVG., TRADITION
Farmland
Boneless Ham**

259
lb.

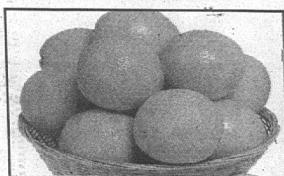
SHOP 'N SAVE EXPIRES DEC. 31, 1996
IN-AD MANUFACTURER COUPON P45-12-200

97089 **Save \$2.00**

On One
Farmland Whole
Tradition Ham

RESTAURANT: Farmland Foods will replace this coupon with a new one made in accordance with their normal policy. This coupon may not be assigned or transferred. INSTRUCTIONS: Please present this coupon at the time of purchase. It must be surrendered at the time of payment. It cannot be used in conjunction with any other promotional offer. Other store consciousness. FOODS, INC., 1000 N. 10th Street, Milwaukee, WI 53204. Offer valid wherever sold or otherwise redeemable. Not good for discounts or coupons to Farmland Foods, Inc. or its subsidiary companies.

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Sunkist Navel Oranges

188

Florida	8/98
Tangelos.....	
MICHIGAN	
Jonathon	1 48
Apples.....	<small>3-LB. BAG</small>
FLORIDA	
Red	
Grapefruit.....	6/98

**U.S. NO. 1,
RED RIVER VALLEY
Red Potatoes**

198

**10 POUND
BAG**

NORTHWEST
Anjou
Pears..... **78¢**
lb.

ASSORTED BLENDS
Dole Special **2/238**
Salad Blends... 10-OZ. BAG

The Finest Quality
& Selection

**WASHINGTON STATE
Red Delicious
Apples**

**FRESH ONE
Peeled Baby
Carrots.....** **98¢**
**1-LB.
BAG**

**TRAVERSE BAY
Dried
Cherries.....** **198**
3.5-OZ. BAG

**ASSORTED VARIETIES
Ozark Microwave
Popcorn.....** **3/\$1**
3-OZ.

**Try These
Exotic Varieties!**

FRESH FRUIT	
NOT AVAILABLE AT ALL STORES	
Pomegranates . . .	3/98
FRESH Kiwi	6/98
FRESH SWEET Mangoes . . .	128
DELMONTE, CHUNK Pineapple.	198
MELISSA Couscous.	298



The more you shop
the more you save. SM

S	M	T	W	T	F	S
			11	12	13	14

- PRICES GUARANTEED THRU DECEMBER 14, 1996
- AT ALL ST. LOUIS METRO STORES ONLY
- WE RESERVE THE RIGHT TO LIMIT • NO SALES
TO DEALERS • FOR LOCATIONS
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TRANSPORTATION
1



EMPLOYMENT
210



NOTICES
400



SERVICES
700



MERCHANDISE
1700



REAL ESTATE
2100

**LOCAL OFFICE
HOURS:**
8:00 a.m. - 5:00 p.m.
Monday - Friday
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Saturday & Sunday

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There are many easy ways to place your ad. **BRING IT:** 1815 Delmar Ave., Granite City, IL 62040. **PHONE IT:** Call 877-7700 or 876-2000. Phone lines are open from 8 a.m.-6 p.m. Monday through Friday. **FAX IT:** Send your ad directly to our Classified Fax Center at 618-346-4240. We'll call you back for confirmation.

MAIL IT: Send your ads to: Classified, Granite City Press Record Journal, 1815 Delmar, Granite City, IL 62040.

PAY FOR AN AD

You will be billed immediately following last run day. You may pay by person, through the mail, or over the phone or fax. We accept cash, checks and credit cards (MC/Visa). Discover. When paying by phone, please have your credit card ready. We'll call you back for confirmation. Please do not send cash through the mail. Some ads require prepayment.

WRITE AN AD

Capture the reader's attention with large headlines, bold type, and symbols. Tell them up front what you want to sell. Describe what is unique about your item, adding details such as color, size, abbreviations; they make ad harder to read and more effective. Include your phone number and the hours you are available. Always include the price; it will increase your responses.

CANCEL AN AD

Deadlines for ad placement are identical to deadlines for ad placement. You may cancel an ad by mail or over the phone. To cancel an ad, phone 527-2777.

Call Classified Paper Deadlines.

AD DEADLINES

Transportation

150 Auto Purchased

151 Auto Repairs

152 Auto Sales

153 Auto Services

154 Auto Trade

155 Motor Homes

156 Motorcycles

157 Motorcycles

158 Motorcycles

159 Motorcycles

160 Motorcycles

161 Motorcycles

162 Motorcycles

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Choose From 3 Pre-Owned Explorers
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**94 OLDS
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Low Miles, Extra Clean.
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\$10,990

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Stk. #4272A,
4 Dr., Auto. & More.

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Tilt, Auto., Stk. #5050A.

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4X4**
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\$14,687

\$14,990

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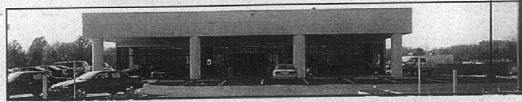
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93 Bonneville SE Loaded Only 39,xxx Mi.	96 Toyota Camry LE Both Loaded 2 To Choose From	95 Dodge Avenger Auto, A/C, Cass., P.W., Pl., Tilt, Cruise, Only 23,xxx Miles	93 Diamante ES 2 To Choose From Loaded
95 Olds Achieva S V-6, Auto	94-95 Galant ES 3 To Choose From Low Miles & Loaded	93 Chevy Lumina V6, Auto, A/C Only 43,xxx Mi.	92 Camaro RS V6, Auto
96 Camaro Auto, V6, T-Tops Only 9,xxx Mi.	93 Subaru Legacy Auto, Air	94 Olds Cutlass Supreme SL Loaded, Only 32xxx Miles	94-95 Mazda 626 LX Loaded & Low Miles
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94 MIATA 5 Spd., A/C, CD & Cass., Alloy Wheels, Cruise, 23xxx Miles.	\$500 Down \$250 per month*	93 Expo LRV Auto, A/C Only 87,xxx Mi.	96 Cavalier Very Nice Black

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93 PONTIAC FIREBIRD Auto., 36,xxx Miles, Great Buy!	95 GMC YUKON 4X4 4 Dr., SLE, 25,xxx Showroom Condition!	95 CHEVY LUMINA LS V6, Loaded, Low Miles, Clean.	93 GMC ½ TON EXT. CAB SLE P/U Loaded, Great Shape!	95 GEO TRACKER Conv., 20,xxx Orig. Miles, Like New!	96 FORD EXPLORER 4 DR. XLT, V6, 14,xxx Miles, One-Of-A-Kind.	94 JEEP GRAND CHEROKEE LIMITED 4 Dr., 4x4, Great Condition!	95 GMC YUKON SLE 4 Dr., 4x4, Won't Last!

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95 Pontiac Grand AM V6 Low Miles As Low As \$11,395	95 Chevy Corsica V6 Low Miles As Low As \$10,595	95 Olds Achieva Low Miles As Low As \$11,695
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Skr. #6833
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3500 LEMAY
1/2 MILE NORTH OF ST. LOUIS
NEW
IN
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\$1,500 REBA
SALE PR
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95 PRO
CORS
REDUC
\$85
YOUR
P373, P436
92 METR
AUT & M
91 GMC 1/2 PICKUP, 3500
94 BUICK
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ility Vehicle
\$1,000 Customer Cash Back or 4.8% APR
4 Cyl. #4014

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24-CARS (2277)



93 Diamante ES
2 to Choose From
Loaded

92 Camaro RS
V6, Auto

94-95 Mazda 626 LX
Loaded & Low Miles

92 GMC Jimmy SLT
A/C, 4x4
Nice

Expo LRV

Auto, A/C
4x4, V6, Manual

Cavalier

OM!
AL SALE
USED CARS

C.
NEW LOCATION!

95 PONTIAC FIREBIRD
V6, Auto,
15,xxx Orig. Miles.

94 PONTIAC TRANSPORT
Perfect for Holiday Travel

91 CHEV CONV. VAN
Full Size, Loaded, Extra Clean!

92 GEO METRO
Auto, A/C, 49xxx miles.
Great Buy!

95 GMC YUKON SLE
4 Dr., 4x4
Won't Last!

RS!*

695
IL
2331

32 MISC. AUTO

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BREEZES

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Balance Of Warranty
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487-3000

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1/2 MILE NORTH OF SOUTH COUNTY CTR.

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1996 MERCURY COUGAR
LOADED FROM \$17,600-\$22,000

• SALES Wagon, Impression, Wagon

• Almost Everyone Financed!

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• 4 cyl., 2dr., 4dr., Sedan

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The INTERNAL REVENUE SERVICE is looking for seasonal representatives to handle telephone inquiries. Work schedule is an "as-needed" basis with no guarantee of the number of hours per week, month, or year. Workload may range from 0 to 40 hours per week. Seasonal selectees cannot be guaranteed specific days or hours. Starting salary for these positions is \$9.57 per hour, and positions have promotion potential. Training will be provided. Employees earn vacation and sick leave and may be eligible for other employee benefits. U.S. citizenship is required. This is announced through the Office of Personnel Management for the period 12/2/96-12/13/96. For further information, call Mrs. Ray at (314) 539-7974 no later than December 13, 1996.

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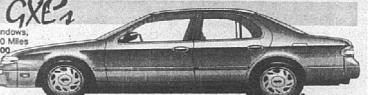
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SEASONAL

December 11, 1996—Granite City Journal—Page 9D

Holiday office party slated? Try these tips on for size

Have an office party on your holiday calendar this year? Sears offers these tips from lifestyle consultant

Cindy Piccoli to ensure your party outfit is festive and not a fashion faux pas — or worse yet, a career stopper.

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1 OWNER, V6, LOADED, \$AVE \$1000's

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and change clothes?

— Think about who's
hosting the party and where
the party is being held.

— Consider when and
what kind of party it is.

— Friday night party
calls for a dresser look
directly after work or will
there be time to go home

and change clothes?

— Think about who's
hosting the party and where
the party is being held. Is it

a co-worker's house? A fancy

hotel? Will you be

celebrating the spirit of the

season with your spouse's

colleagues or is it your

employer who will host the

party? Are your co-

workers celebrating

as well? Ask your co-

workers what they plan to

wear to the party.

— What kind of party is it?

Is it a luncheon; a sit-down

dinner party; a crowded,

stand-up cocktail party; or a

ballroom dinner dance? If it

is a sit-down party,

and change clothes?

— Think about who's

hosting the party and where

the party is being held.

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hosting the party and where

the party is being held.

SEASONAL

Party goers will be stepping out in style to celebrate season

Whether it's to the office holiday party or the charity ball, party goers will be stepping out in style this season to celebrate the warmth of the holidays.

Apparel and accessories will be dresser, as shoppers look for just the right "trim" to set a seasonal tone. Sears offers customers apparel options that are both trend-right and festive-perfect for this season's spirit.

"This year, there's excitement in the air about the holidays," said

Fran Yoshioka, fashion trend manager for Sears. "People want to look fashionable again, so we expect to see lots of shine and shimmer as the glamour of holiday dressing returns."

For women, plush fabrics will be key this season including panne, velour and stretch velvets. Metallics, shimmering textures and sequins also draw in the holidays. Color opens up this season as shoppers become more expressive with bright colors and metallics in bronze, copper and

pewter. Women can complete a look or dress up with fancy accessories, such as velvet embroidered handbags and silver beaded clutches. Shoppers will look for glitter, sparkle and shine in costume jewelry to accentuate holiday ensembles this season.

The focus is also on dresser footwear, including satins and velvets

this season. Women will find high-heeled pumps and strappy in a variety of styles featuring rhinestones, beading, glitter and metallic colors.

This holiday season, glamorous women will be accompanied by dresser escorts. A reignited passion for dressing up combined with a great demand for comfort result in great-looking, wearable styles for men this holiday season.

Smart suit separates combined with elegant dress shirts and bright,

festive ties will be the "partywear" of choice this year. For more casual looks, shoppers buy ring in the season with more style this year in beautifully textured fine gauge sweaters over polos or mock necks.

Dressy looks are back for children this year, too. Girls will be dressed in festive dresses featuring velvet dresses featuring satin and lace trim. And boys will squirm into their holiday best of dress slacks, dress shirts, colorful vests and, oh yes, even neckties.

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Make a list and check it twice — and be sure to stick to it

Better watch out! — And not because Santa is watching! Holiday festivities can take their toll on you, your health and your pocketbook.

Eating too many rich desserts and not getting enough sleep can affect your vitality during the holiday season, but so can overspending.

If you typically overspend at this time of year, chances are you get a little depressed afterward and end up paying for your holidays several months into the new year.

Before your holiday shopping gets out of hand, get a pen and piece of paper and make a holiday spending plan that can save you time, stress and money.

Setting up a budget may not be very festive, but rather than worry about not having enough money or spending too much or spending what you really don't have, just think how great you'll feel when your income actually covers all your expenses. Developing and following a holiday spending plan will help you man-

age your money so that your income and expenditures match.

Begin by writing down how much money you really have to spend. Then, make several lists of items you have yet to buy. Include a list of special people other than family members you want to remember — mailman, baby sitter, etc. Also create a list for decorations you want, one for parties or social functions for which you need to provide food, gifts, and one for clothes you and other family members will need.

Then, determine how much money you have to spend in each of the categories you've listed. Write that dollar amount at the top of each list.

Now it's time to review such list to decide which items take priority for that money this year.

For instance, on the list of decorations, you have new lights for the tree, as well as a new wreath for the front door, but your budget won't cover both. Perhaps you can really use the lights

you had last year, just get some new bulbs. Or, maybe you could buy some small decorations and spruce up the old wreath you used last year. You decide what expenses take priority as long as you don't go over the dollar amount at the top of your list.

Gift-giving is probably the most exhaustive and expensive list you have, and undoubtedly it's the most difficult to prioritize. If you find yourself scurrying around at the last minute, there's no doubt you'll spend more than you should. However, you can give gifts that you don't even have to buy.

Take a look at that list again.

Perhaps you could give a gift of your time or your talents. You could give a gift certificate for shoveling snow, raking leaves, mowing lawns, washing a car, month, picking up mail, feeding a pet, or house-sitting.

Are there others you could make an inexpensive gift for? How about a special holiday ornament, a jar of jam, a loaf of bread?

Involving your kids is well, so they understand the true meaning of sharing love and giving it.

Give yourself a gift this year, too. Make the commitment to follow your holiday spending plan. Your gift will be the best of all: relief from overspending.

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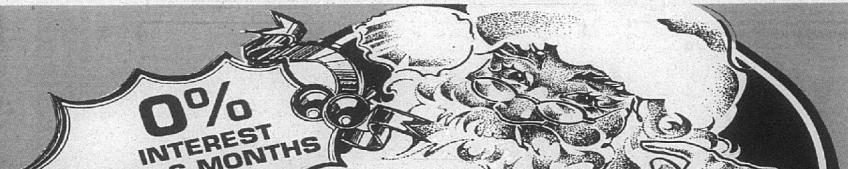
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SEASONAL

Taking your kids Christmas shopping this season? The experience needn't be painful

Every parent has at least one child-related shopping experience they would just as soon forget.

Whether it's the wailing infant who's cutting his first tooth in the appliance department or the 10-year-old who wants to try anything, shopping with kids, especially during the crowded holiday season, is often an anxiety-filled experience.

With a little forethought and preparation, however, shopping with kids can be a productive, safe and even enjoyable family outing.

Following are tried and true tips for parents to ease tension as the family shops together this holiday season:

- Manage children's expectations before leaving home.

Learning what kids want is step one. Then, see what the commercials, they've looked at catalogs, they know what their friends have. Their wish lists are often unending. Doing a survey of what's wanted and wanting through a personal inventory with kids helps them set limits and understand needs versus wants.

- Set aside all family members' sizes.

Trying on clothes is often unnecessary if parents come equipped with accurate sizes for children. If an item does not fit, shoppers should look for apparel in general sizes of small, medium, large and extra large.

- Call stores ahead of time to reserve inventory items. A simple phone call before leaving home can prevent hours of wasted time.

- Provide distraction.

With shopping along comic books or travel games for kids who are not trying on clothes.

- Leave heavy outerwear in the car.

Hot kids are impatient kids.

For a short walk from the

parking lot, heavy outerwear is unnecessary and should be left in the car so that kids are comfortable when they shop.

Have receipts ready for returns.

Easy access to receipts, with return items circled, greatly

reduces check-out time.

Bring large strollers for infants.

Over-burdened parents are

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